COMMUNITY SERVICES AND NURSING

DVD COLLECTION

2018

LIBRARY SERVICES
CENTRAL REGIONAL TAFE
<table>
<thead>
<tr>
<th>CONTENTS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>ADOLESCENCE – SOCIAL ASPECTS</td>
<td>3</td>
</tr>
<tr>
<td>AGED CARE</td>
<td>5</td>
</tr>
<tr>
<td>AGED – SOCIAL ISSUES</td>
<td>7</td>
</tr>
<tr>
<td>ALCOHOL</td>
<td>8</td>
</tr>
<tr>
<td>ALZHEIMERS AND DEMENTIA</td>
<td>9</td>
</tr>
<tr>
<td>ANATOMY AND PHYSIOLOGY</td>
<td>10</td>
</tr>
<tr>
<td>AUTISM AND ASPERGERS</td>
<td>15</td>
</tr>
<tr>
<td>CARING AND CARERS</td>
<td>17</td>
</tr>
<tr>
<td>CHILD WELFARE</td>
<td>19</td>
</tr>
<tr>
<td>COUNSELLING</td>
<td>22</td>
</tr>
<tr>
<td>CRIMINAL JUSTICE</td>
<td>26</td>
</tr>
<tr>
<td>DEATH &amp; DYING</td>
<td>27</td>
</tr>
<tr>
<td>DEPRESSION</td>
<td>28</td>
</tr>
<tr>
<td>DIABETES</td>
<td>30</td>
</tr>
<tr>
<td>DISABILITIES</td>
<td>31</td>
</tr>
<tr>
<td>DISABILITY CARE</td>
<td>33</td>
</tr>
<tr>
<td>DISCRIMINATION</td>
<td>34</td>
</tr>
<tr>
<td>DISEASES AND DISORDERS</td>
<td>37</td>
</tr>
<tr>
<td>DISEASES AND DISORDERS IN CHILDREN</td>
<td>40</td>
</tr>
<tr>
<td>DRUGS</td>
<td>41</td>
</tr>
<tr>
<td>FAMILIES</td>
<td>44</td>
</tr>
<tr>
<td>FAMILY VIOLENCE</td>
<td>46</td>
</tr>
<tr>
<td>GENDER ISSUES</td>
<td>47</td>
</tr>
<tr>
<td>HOMELESSNESS</td>
<td>48</td>
</tr>
<tr>
<td>HOMOSEXUALITY</td>
<td>49</td>
</tr>
<tr>
<td>HUMAN BEHAVOUR</td>
<td>50</td>
</tr>
<tr>
<td>INTERCULTURAL COMMUNICATION</td>
<td>51</td>
</tr>
<tr>
<td>JUVENILE DELINQUENCY</td>
<td>52</td>
</tr>
<tr>
<td>LAW</td>
<td>54</td>
</tr>
<tr>
<td>MATERNITY NURSING</td>
<td>55</td>
</tr>
<tr>
<td>MEN’S HEALTH</td>
<td>56</td>
</tr>
<tr>
<td>MENTAL HEALTH</td>
<td>57</td>
</tr>
<tr>
<td>MULTICULTURALISM</td>
<td>63</td>
</tr>
<tr>
<td>NURSING</td>
<td>65</td>
</tr>
<tr>
<td>NURSING HISTORY</td>
<td>66</td>
</tr>
<tr>
<td>NURSING PRACTICE</td>
<td>67</td>
</tr>
<tr>
<td>NUTRITION</td>
<td>68</td>
</tr>
</tbody>
</table>
A to Z of risk: a young person’s guide

1 videodisc (DVD) (20 min.): sd., col.; 4 3/4 in.

Risk-taking is part of life, but in the process of growing and maturing, teenagers often take unnecessary, dangerous risks. This video is divided into 26 fast-paced segments of drama, fact, personal stories and insights to help students focus on risk-taking behaviour that builds up rather than destroys both themselves and others. Topics covered are sex, driving, drugs, relationships and decision-making.

Freedom riders

1 videodisc (DVD) (26 min.): sound, colour; 12 cm.
Off-air recording of ABC1 'Foreign correspondent' program, broadcast 23 July 2016.

"If you’re a child growing up in South Africa’s Masiphumelele township, chances are you’ve seen the worst of violence – shootings, stabblings, assaults – or have been a victim yourself. “It kills them, it doesn’t give them any hope – and when you’re traumatised you have a lot of anger issues, you can’t control yourself” says Noncedo, 19. But every afternoon a van rolls into Masiphumelele, offering kids the chance to escape the traumas of township life, if just for a few hours. Bodies and boards and wetsuits cram inside as they head for the rolling surf of the Cape coast. Surfing is changing the lives of township kids. Every wave is a challenge to mind and body, a teacher of discipline and persistence and a potential spark to self-esteem. It’s all part of Waves for Change, brainchild of a travelling British surfer who first coaxed a few local kids into the water five years ago. Now it’s running across three townships with 250 children and 20 coaches. Waves for Change works on dry land too. Coaches are mentors, connecting with children and their schools, keeping tabs on their emotional health --ABC-TV web site.

Queen of the desert

Off-air recording of ABC2 'Opening shot' program, broadcast 25 Nov. 2012.
1 videodisc (DVD) (30 min.): sd., col.; 4 3/4 in.

Not only has she got pink hair extensions, painted on eyebrows and superman hot pants, Starlady's a youth worker in some of Australia's most remote places. Using an unusual set of tools this flamboyant hairdresser spends her time travelling thousands of kilometres across the desert. This time she's heading to Areyonga, an Indigenous community in Central Australia, to work with isolated and sometimes shy teenagers. She'll use a bit of bleach and a whole lot of colour in the hope of spreading confidence and pride. But in this makeshift salon Starlady also finds acceptance and friendship in what some might see as an unlikely place.
Trouble with girls

1 videodisc (DVD) (57 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS TV 'Insight' program, broadcast 25 Aug. 2009

Why are some girls so mean to each other, especially when they’re friends? Girls and women live in a highly complex friend world that is foreign territory to men and boys. So how do girl friendships work? And what happens when you’re on the outer.

Geraldton 305.2352 TRO
AGED CARE

Aged care and cultural diversity

[Bendigo, Vic.]: Video Education Australasia, c2010. 1 videodisc (DVD) (27 min.): sd., col.; 4 3/4 in.

Our cultural backgrounds, experiences and beliefs can influence our day-to-day behaviour without us even realising it. Within aged care, culture has a major impact on how we work and how we communicate with patients and residents. Often a cultural adjustment needs to take place so that an appropriate and culturally sensitive level of care can be delivered to the aged care client. In this program we investigate what culture is and how we can make our communication relevant in the face of cultural barriers. We also look at different cultural groups and personal cultural history, while also considering individual religious practices and traditions.

Geraldton 362.60994 AGE

Caring for the frail and immobile


An educational program looking at physiological and mental health aspects of aging, including age-appropriate exercise programs. It covers how to care for older people successfully, so they can live fulfilling lives and enjoy their dignity. Features comments from Professor Peter Hunter, Director of Aged Care and Rehabilitation at Alfred Health and Caulfield Hospital.

Geraldton 362.6 CAR

Green house project: remaking elder care in America


The Green House Project is an innovative project to design, build and test a radically new approach to residential aged care, founded on the idea that the physical and social environments in which we deliver long-term care can and should be welcoming, smart and green.

Geraldton 362.16 GRE

Living old


For the first time in American history, those over 85 are now the fastest growing segment of the U.S. population. Medical advances have enabled an unprecedented number of Americans to live longer, healthier lives. But for millions of elderly, living longer can also mean a debilitating physical decline that often requires an immense amount of care.

Geraldton 305.260973 LIV
**Preventing falls in aged care**

Bendigo, Vic., Video Education Australasia, 2009
1 videodisc (DVD) (22 min.): sd., col.; 4 3/4 in.

Although falls can happen to anyone of any age group, they are undoubtedly more common in the elderly population. While risk factors for falls tend to increase as we age, in most cases they are easily avoidable. Considering the serious impacts of injury or morbidity, more must be done to identify risk and implement preventative strategies. The causes of falls being multi-factorial in nature, calls for an approach which encompasses accurate identification and effective management. Falls prevention programs play a valuable role and an understanding of what this comprises is crucial if we are to tackle this increasing problem.

Geraldton 362.6 PRE

**Understanding aged care**

1 videodisc (18 min.): DVD video, sound, colour; 4 3/4 in.

As a result of the ageing population, the aged care sector is growing at a rapid rate. This has led to an increasingly diverse range of occupational opportunities in the provision of home, community and residential services. This interview led program explores the aged care sector, high and low levels of care, changes associated with ageing, positive ageing, and the rights and interests of old people. We talk with residential managers, team leaders and lifestyle coordinators as well as researchers experienced in the industry. Ideal for community services related studies at the TAFE level, this program covers the essential elements of the ISC Community services unit of competency.

Geraldton 362.610994 UND
Pensioners behind bars

Off-air recording of SBS1 program broadcast 30 July, 2013.
1 videodisc (50 min.): colour, sound; 12 cm.

“There is a 'grey crime-wave' sweeping Britain. Pensioners are now responsible for more crime than ever. New statistics reveal ever higher numbers of pensioners are being arrested and ending up in Britain's jails, with 2,500 over 65s in jail today. Retirement is usually a time to take things easy and enjoy a well-earned rest. But more pensioners are committing crime and being arrested in the UK than ever before. In the last twenty years the number of over 60s doing time for a criminal offence has trebled, in part because sentences are becoming harsher and longer. The so-called grey crime wave could be because there are now more pensioners around to commit crime, or that more and more are struggling to make ends meet. But the over 60s are now the fastest growing group inside British jails. While some senior citizens are turning to crime in retirement, what do career criminals do when they hit pensionable age? And what is it like doing time in your autumn years? Growing old disgracefully, meet the old-age drug dealers, brothel keepers and con artists. As it turns out, getting older doesn't always equate with getting wiser.”

Geraldton 364.308460941 PEN

Positive aging

[Los Angeles, Calif.: Masterswork.com; New York, N.Y.: Insight Media [distributor]], c2006
1 videodisc (DVD) (26 min.): sd., col.; 4 3/4 in.

In an interview with the Gergens, Ken talks about the Social Construction of the concept of declining with advancing years and feeling a personal challenge to change that meaning for him. Mary discusses the pleasure she derives from undermining a popular cultural myth. Aging is a lamination of all of the skills and experiences we have had and it leads to an accumulation rather than a depletion of resources. Their online newsletter on positive aging, a research based online journal is discussed.

Geraldton 305.26 POS
**ALCOHOL**

**Alcohol and your brain: get the facts**

Helensvale, Qld: 3DME, 2010.
1 videodisc (DVD) (8 min.): sd., col.; 4 3/4 in.

The purpose of this DVD is to help you understand the impact that alcohol has on your brain and the damage it can do. Our goal is to provide you with the information which will enable you to make informed choices in relation to safe alcohol consumption.

Geraldton 362.292 ALC

**Guess who’s coming to dinner? Alcohol**

1 computer laser optical disc: sd., col.; 4 3/4 in

Covers the main topics and issues related to alcohol consumption, including the basic statistics on alcohol, use and abuse, nutritional aspects, the effect on motor skills and on health generally, advertising, and how to use alcohol in moderation.

Geraldton 362.292 GUE

**On the piss**

1 videodisc (45 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC1 broadcast June 9 & 10, 2008.

It soothes nerves, loosens tongues and triggers sexual adventures. For some people, however fleetingly, it solves all the problems of the world. But its addictive and disinhibiting effects can give rein to abuse and violence of the worst kind. Australians are increasingly aware of the destructive downside of alcohol. Now, with the Rudd Government targeting teen bingeing, is the nation taking a first, tentative step towards admitting to a drinking problem? Wowsers, boozers and the moderate majority are joined in fierce debate over alcohol consumption patterns, taxation, advertising and licensing hours. Boiled down, the argument is whether Canberra’s intervention on alco-pops and education is necessary, and whether it will actually work in curbing how much young Australians drink.

Geraldton 362.2920994 ONT
ALZHEIMERS AND DEMENTIA

Dancing with dementia

1 videodisc (51 min.): colour, sound; 12 cm.
Off-air recording of SBS1 'Insight' program broadcast 28 April 2015.

The number of Australians living with dementia is set to soar in the coming years. As the group gets larger many people with dementia are finding their own way through memory loss, determined to let their own personalities shine through. They are fighting what is now Australia's second biggest killer, ahead of stroke and cerebrovascular diseases, recent ABS data shows. How can humour help balance out the despair living with this irreversible and debilitating brain disorder? This week, Insight hears stories of sacrifice and success of people living with dementia and their loved one's experience with this condition.

Geraldton 362.19623 DAN

Journey of no return

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Off-air recording of the ABC TV program broadcast 30 October 2006.

Each week more than a thousand Australians are delivered the cruel diagnosis: they have dementia - incurable, untreatable, terminal. It kills slowly. Sufferers are left perplexed and helpless as it gnaws away at brain function, robbing them of simple memory and living skills.

Geraldton 616.83 JOU

Long goodbye

Off-air recording of ABC1 program broadcast 12 April, 2011
1 videodisc (DVD) (55 min.): sd., col.; 4 3/4 in.

Our brain makes us who we are, it gives us our memories, our ability to think, to understand the world around us and it gives us our sense of self. All this is slowly stripped away for a person living with dementia. The Long Goodbye follows the journeys of three families living with dementia as they struggle to maintain the identity and dignity of those they love.

Geraldton 362.196831 LON

Twilight Songs

1 videodisc (26 min.): sound, colour; 12 cm.
Off-air recording of ABC1 "Compass" program, broadcast 25 May, 2014.

A deeply moving story that shows how music can rekindle emotions and re-awaken memories for elderly people lost to dementia. Twilight Songs follows music practitioner Michael Mildren as he visits patients in aged care homes in Melbourne. By playing music for them on a variety of instruments, and singing songs from their past, he achieves a remarkable connection, one that helps bring them into the present and improves their quality of life. Michael has been doing this work for 20 years and is devoted to making the lives of the elderly more interesting and enjoyable through the power of music.

Geraldton 362.19683 TWI
ANATOMY AND PHYSIOLOGY

All systems go again

Bendigo, Vic.: Video Education Australasia, 2006.
1 videodisc (DVD) (29 min.); sd., col.; 4 3/4 in.

All Systems Go Again is a fast-moving and lively exploration of the three human energy systems - ATP-PC, Lactic and Aerobic. Concise, up-to-date images and footage will keep students engaged while they investigate the three energy systems of the human body, their intricate links to one another and the way they work in perfect harmony during any activity. Providing an insight into how the body uses energy as quickly and as efficiently as possible to produce a variety of complex movements, All Systems Go Again takes a complex subject and breaks it down to ensure it is understood by all.

Geraldton 612.39 ALL

Anatomy for beginners

[Collingwood, Vic.]: Madman Television: The AV Channel: [distributor], 2006.
2 videodiscs (DVD (200 min.): sd., col.; 4 3/4 in.

Controversial anatomist Dr. Gunther von Hagens lays bare the intricacy and beauty of the human design and lifts the lid on the mysteries of our own bodies. At the heart of each programme is a human dissection, carried out by Dr. Gunther von Hagens, and commentary by pathologist Professor John A. Lee.

Geraldton 612 ANA

Body in motion

Bendigo, Vic.: Classroom Video, 2010.
1 videodisc (DVD) (24 min.): sd., col.; 4 3/4 in.

The human body is always on the move. Whether we are jumping, running or sitting still; blood is pumping, muscles are contracting, and joints are moving. The body's internal systems perform complex processes every second of every day, so we can spend our time doing whatever we need to. This Australian-made, curriculum fit program takes us inside the human body, showing us just how the musculoskeletal and cardio-respiratory systems work and how they influence and respond to movement. This information-packed program is presented in a clear and logical format, with vivid animations and real-life examples that will engage viewers from start to finish.

Geraldton 612 BOD
Circulatory system

[United States]: United Learning; Loganholm, Qld: Marcom Projects (distributor), 2004. 1 videodisc (DVD) (24 min.): sd., col.; 4 3/4 in.

The human circulatory system is the main transport system of the body and is responsible for supplying the trillions of living cells in our bodies with food and oxygen necessary for survival.

Geraldton 612.1 CIR

Digestive system


Illustrates the various organs and functions of the human digestive system, showing how it breaks down food into a useable form and distributes it to the circulatory system to be carried to the living cells for energy.

Geraldton 612.3 DIG

Don’t die young: part 6: the immune system

1 videodisc (DVD) (ca. 30 min.): sd., col.; 4 3/4 in. Off-air recording from BBC 30/7/2011

The Immune System is our bodies’ defence from attack - whether it is viruses like flu or unwanted bacteria. It’s a hugely complex system but Dr Alice explains how the system works and what happens when it goes wrong. And she also puts her body on the front line by taking part in a stunt guaranteed to scare her so that the scientific effects on her immune system can be observed. Dr Alice is joined in her exploration of the immune system by a group of young women at university in Nottingham. Ally, Karin, Sarah and Chizzy are students sharing a house for the first time... as well as each other's colds. They want to discover why they're so often ill ... could their party lifestyle and laid back approach to housework be a factor? Back in Dr Alice's laboratory they're confronted with the horrifying results of the swabs taken from around their scruffy student house by a microbiologist. Using all the means at her disposal - dissections, drawings, paint ball guns and even cakes ... Dr Alice explains the fantastic complexity of our immune system

Geraldton 612 DON

Endocrine system

[United States]: United Learning; Eight Mile Plains, Qld: Marcom Projects (distributor), 1 videodisc (DVD) (ca. 24 min.): sd., col.; 4 3/4 in.

Explains how the nervous system and the endocrine system work together to regulate various body activities. The endocrine system in made up of eight glands located throughout the body. These glands make and release hormones which are chemical messengers

Geraldton 612.4 END
Excretory system

[United States]: United Learning; Eight Mile Plains, Qld: Marcom Projects [distributor], 1 videodisc (DVD) (17 min.): sd., col.; 4 3/4 in.

The many living cells in the human body produce metabolic wastes which must be eliminated from the body. These wastes include carbon dioxide, urea, water, vapour and salts. The four organs that make up the excretory system are the lungs, kidneys, liver, and skin.

Geraldton 612.46 EXC

Healthy Bodies


Healthy bodies DVD is a ... introduction to the anatomy and physiology of the human body systems. The language used is clear and easy to understand and each body system is explored and explained logically by combining animation and live action. This DVD can be used as a training resource across a broad range of areas including Health, Aged Care, and Community Service, specifically for the competency "Recognise Health Body Systems in a Healthcare Context.

Geraldton 612 HEA

Human body: how it works


This nine-part series uses physiologic animations and illustrations, microscopic imaging, expert commentary, and footage of the body in motion to provide a thorough overview of the amazing human machine.

[pt.1]. Cells tissues and skin
[pt.2]. Immune system
[pt.3]. Human reproduction and development
[pt.4]. Respiratory system
[pt.5]. Circulatory system
[pt.6]. Skeletal and muscular systems
[pt.7]. Digestion and nutrition
[pt.8]. Endocrine system
[pt.9]. Nervous system and the senses

Geraldton 612 HUM
**Human movement**

1 DVD-video (29 min.): sd., col.; 12 cm

Understanding the basic concepts of human movement is essential for people who work in the health, aged and community care sectors. This knowledge will help them in their work with clients, colleagues and other health professionals. The language used is clear and easy to understand and the DVD uses live action and animation to demonstrate and explain the skeletal and muscular systems, biomechanics and a range of human movements. This DVD will assist workers to safely support older clients who require assistance with basic physical movements.

Geraldton 612.76 HUM

**Nervous system**

[United States]: United Learning; Eight Mile Plains, Qld: Marcom Projects [distributor], 2005.
1 videodisc (DVD) (27 min.): sd., col.; 4 3/4 in.

The nervous system controls and monitors all body activities. It determines how to move and coordinate our muscles and, at the same time controls the heartbeat, breathing rate, and interprets information about conditions around us.

Geraldton 612.8 NER

**Red gold, 2. Blood and war**

1 videodisc (DVD) (50 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC television programme, The Big Picture, broadcast on 23 July

Looks at the role man's new-found knowledge about blood played in two world wars.

Geraldton 612.11 RED

**Reproductive system**

[United States]: United Learning; Eight Mile Plains, Qld: Marcom Projects [distributor], 2005.
1 videodisc (DVD) (24 min.): sd., col.; 4 3/4 in.

All humans began as a single cell no larger than a grain of sand. This video explores human reproduction, the process that ensures that our species continues on this planet. The functioning of the male and female reproductive system is described and inherited traits through chromosomes.

Geraldton 612.6 REP
Respiratory system

[United States]: United Learning; Loganholm, Qld: Marcom Projects (distributor), 1997.
1 videodisc (DVD) (23 min.): sd., col.; 4 3/4 in.

Oxygen is required for life. Respiration is a constant process through which oxygen is gathered from the air and passed into the body. The lungs and air passages that make our breathing system are called the respiratory system, which is responsible for getting air into our bodies.

Geraldton 612.2 RES

Skeletal and muscular systems

[United States]: United Learning; Loganholm, Qld: Marcom Projects (distributor), 2004.
1 videodisc (DVD) (24 min.): sd., col.; 4 3/4 in.

Explains that the skeletal and muscular systems work together to provide the structure and shape of the body. Without the skeletal system, the body would collapse. The muscles attached to the skeletal system provide the ability to move the body.

Geraldton 612.7 SKE
AUTISM AND ASPERGERS

Autism enigma

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC1 "Four corners" program, broadcast 27 Aug., 2012.

Autism Spectrum Disorder (ASD) is the fastest growing developmental condition in the western world. There is no typical case and there is no accepted cure for it. Fifty years ago it was considered rare, affecting one in 10,000 children. Now the number of children being diagnosed with ASD in the United States is one in 90. The incidence is also rising dramatically in Australia.

Geraldton 616.85882 AUT

Autism: the unfolding mystery

1 videodisc (26 min.): sd., col.; 4 3/4 in.

Autism is a developmental disorder that affects multiple areas of development - like a child's ability to develop speech, language, communication, social skills - and that results in many behavioural peculiarities, like repetitive conduct. Explore what it means to be autistic, how you can recognise the signs of autism in your child, and hear about new treatments and programs to help children learn to deal with the disorder.

Geraldton 616.8982 AUT

Boy inside

Bendigo, Vic.: Video Education Australasia, 2006.
1 DVD-video (PAL) (48 min.): sd., col.; 12 cm.

Documents a young boy's struggle with Asperger's syndrome. Adam and his family share their everyday challenges and triumphs to provide unparalleled insights into this increasingly common disorder. Includes interviews with autistic children and their families, and features Dr. Temple Grandin, a noted authority on autism spectrum disorders.

Geraldton 616.8982 BOY

Oops, wrong planet

1 videodisc (DVD) (55 min.): sd., col.; 4 3/4 in.

Poster boys such as Einstein, Bill Gates and Hans Christian have brought Asperger's Syndrome into the mainstream of modern life with an increase in awareness and acceptance for this condition. Asperger's it seems is now being valued for the significant contributions it has made to humanity. In this excellent program we meet people who are trying to come to terms with this condition in their lives, the professionals who are trying to support the condition and those who are trying to eradicate it, as we head into the world of "Aspies" and see life through their eyes.

Geraldton 362.1968588 OOP
Understanding autism

1 videodisc (DVD) (ca. 53 min.): sd., col.; 4 3/4 in.
Off-air recording of the SBS program broadcast 08/08/06, 11/08/06

This session with the Insight Focus Group, discusses autism. In the group are families desperate for answers, autistic adults who reflect on their struggle, and experts and researchers. Gives an outline of the situation with autism in Australia, today; a brief definition of the term; and a description of the traits, i.e. a lack of social skills, communication difficulties, and obsessive behaviour. Antoinette Currah reports, as relayed live to the studio, on a case of parents with an autistic child, desperate for help with their problems. There are still many unanswered questions which surround autism, such as the reason for the increase of cases in Australia, the cause, and cure. Today, research into autism is still in its infancy; and therapies which have been tried are all costly and controversial.

Geraldton 616.8982 UND
CARING AND CARERS

Can’t do it without you: careers in aged and community care

[South Australia] Aged & Community Services SA & NT Inc, [2012?]
1 videodisc (7 min.): sound, colour; 12 cm.

People working in aged and community care describe their experiences working in the sector.

Geraldton 362.602394 CAR

In my shoes

1 videodisc (DVD) (46 min.): sd., col.; 4 3/ in.
Off-air recording of television program broadcast on ABC-TV on May 12, 2008

Sick of being taken for granted, Australia's vast army of carers is on the march, demanding reform as the Rudd Government prepares its maiden budget. Carers are demanding help: more funding in recognition of the 'bucket load' they save governments - and a far bigger say in how it's spent. Carers are used to heavy lifting, now they are doing it politically. Lobby groups have sprung up to speak for a movement they say is at least 2.6 million strong. They claim that if family carers all quit tomorrow, governments would have to find more than $30 billion to pay someone else to do the job. That's equivalent to the Rudd Government's promised tax cuts - and far exceeds the likely budget surplus. The carers want more support, and less red tape.

Geraldton 362.10230994

In our care

1 videodisc (47 min.): sound, colour; 12 cm.
Off-air recording of ABC1 'Four corners' program, broadcast 24 November, 2014.

When it comes to people with disabilities, caregivers are supposed to be exactly that - carers, protecting the most vulnerable in our community. But what if managers in a major institution ignored warning signs that staff may have been abusing people in their care, effectively allowing the abuse, including sexual assault, to continue? This week ... reporter Nick McKenzie lifts the lid on a major scandal involving one of the country's biggest disability providers.

Geraldton 362.409945 INO

Reading, reporting, recording

1 videodisc (DVD) (11 min.): sd., col.; 4 3/4 in.

This DVD covers the relevance and importance of reading and understanding policy and procedures manuals, occupational health and safety guidelines, time sheets, communication books and care plans.

Geraldton 362.40994 REA
Young carers

Off-air recording of SBS1 program broadcast 14 May 2013. 
1 videodisc (60 min.): colour, sound; 12 cm.

"Australia has an invisible army of children on caring duties. They cook, clean, measure medicine ... and then do their homework ... This week, meet some awesome kids doing some pretty grown-up stuff. Across Australia, young people, many in their teens, are caring for a parent, sibling or other family member. It could be physical support like lifting a parent out of a wheelchair, or emotional support like calming down a parent having an anxiety attack. It could be as ordinary as making a cup of tea and washing the dishes, to highly personal care helping a parent in the bathroom. One estimate puts the number of under-18s doing caring work at 150,000. So how do they cope? How do they get a break? And how do the parents feel about being cared for by their children?"

Geraldton 362.70994 YOU
**CHILD WELFARE**

**7 up South Africa**

1 videodisc (DVD) (80 min.): sd., col.; 4 3/4 in.
Off-air recording of Biography Channel program, broadcast 28 May 2009

Seven year old South African children from a variety of backgrounds are interviewed about their lives, social conditions and their hopes in a world where separation is still the norm.

Geraldton 305.2340968 SEV

**14 up South Africa**

1 videodisc (DVD) (74 min.): sd., col.; 4 3/4 in.
Off-air recording of Biography Channel program, broadcast 4 June 2009

14-year-olds from South Africa, first interviewed when they were seven, talk about their lives and hopes and how these have changed over the years.

Geraldton 305.2350968 FOU

**21 up: South Africa, Mandela’s children**

1 videodisc (75 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS-TV broadcast December 2, 2007.

First filmed as fourteen 7-year-olds in 1992, these youngsters are ordinary South Africans growing up at a time of enormous social change. We see them now at age 21 making their way in the new South Africa, as well as flashbacks from their interviews when they were 7 and 14. We see when they started in township slums, old school mansions and white suburbs, their world divided along racial lines as the policy of Apartheid began to crumble. While the fall of Apartheid presented them with new opportunities, it also confronted them with new challenges.

Geraldton 305.20968 TWE

**Broken homes**

1 videodisc (DVD) (46 min.): sound, colour; 12 cm.
Off-air recording of the Four Corners series broadcast on 14th November 2016

These are Australia’s most vulnerable kids, betrayed and neglected, not only by their parents but by the system designed to protect them. They’re known as 'resi kids' after the group homes they live in, run by private operators and charities. Some were taken into care as babies, others after years of abuse. They’re often difficult to manage but desperately in need of help. In this searing Four Corners investigation, we reveal that rather than protecting and nurturing these children, some private operators are treating them as badly as the families they escaped. It's prompted some in the child protection system to brand their treatment a national failure and call for the entire resi care system to be shut down.

Geraldton 362.7320994 BRO
Dangerous territory

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Broadcast on ABC1-TV on 8 November 2010.

Australia has an elaborate system of laws and child protection agencies that are meant to shield children from abuse and violence. Right now that system is in crisis. In city after city, state after state, it's clear the system is not doing its job.

Geraldton 362.76 DAN

Kids at risk

1 videodisc (DVD) (52 min.): sd., col.; 4 3/4 in.
Broadcast date 04/03/08

Broken bones, sexual assault, and chronic neglect. It's the heartbreaking reality for more and more Australian children who are being taken from their homes because of harm inflicted on them by their own families. Jenny Brockie talks to young people, families and case workers about why so many children are at risk of abuse and look at what can be done about it.

Geraldton 362.76 KID

Kids at risk / hosted by Geraldine Doogue

1 videodisc (DVD) (55 min.): sd., col.; 4 3/4 in.
An off-air recording of an ABC1 TV broadcast recorded on 9 September 2010

This DVD begins "with the screening of Polly and Me, a short film by Ian Darling about an 8-year-old girl whose life has consisted of more damaging broken promises than anyone would expect for a child or of life itself. Polly and Me draws attention not only to the children whose suffering we do know of, but to the many children who "slip through the cracks". After the screening of the film, Doogue will lead a discussion with professionals from the child welfare sector as well as individuals and families with experience of child abuse and neglect. Filmed in front of a live studio audience, Doogue and her guests will address these very important and far reaching issues, in an attempt to draw a greater awareness to the plight of our children.

Geraldton 362.76 KID

Mandatory reporting of child abuse

Bendigo, Vic.: Video Education Australasia, 2005.
1 videodisc (DVD) (28 min.): sd., col.; 4 3/4 in

This program aims to support teachers' current understanding of mandatory reporting of child abuse in schools across Australia. It focuses on the legal aspects of mandatory reporting, including variations from state to state, and describes the process by which a teacher can form a belief that a student is being abused.

Geraldton 344.9403276 MAN
Recognising indicators of child abuse

1 videodisc (DVD) (18 min.): sd., col.; 4 3/4 in.

In this program, we look at how staff can become aware of the possible signs and symptoms of children at risk of abuse. It also explores how staff can recognise and understand all indicators of potential child abuse - physical, emotional, sexual and neglect - and the responsibilities they have to report any concerns, whilst maintaining complete confidentiality. Filmed in real care settings, this is a practical resource tackling a sensitive topic.

Geraldton 362.76 REC

South Africa’s lost innocence

1 videodisc (DVD) (ca. 45 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC1 ‘Four corners’ program, broadcast 31 May, 2010

The story of three young girls living in modern day South Africa. Each of them has been raped, each lives in fear. Meanwhile, the authorities do little to protect them or punish their attackers. South Africa has the highest incidence of rape in the world, and almost half the victims are children. On average, a child is raped every three minutes and yet there is apparently no concerted effort to stop this epidemic. True Vision Productions takes us to the city of Port Elizabeth in South Africa to document how this war against women and children is being fought, talking with the victims as they try to go about their daily lives and revealing how little is being done to help them.

Geraldton 362.8830968 SOU
COUNSELLING

Alcohol counselling skills: working with binge drinking
1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.

This DVD features a counsellor interviewing a 24 year old male client who is experiencing problems related to binge drinking, particularly on weekends. Although unconcerned about his alcohol use, he is worried that his partner may end their relationship unless he addresses his excessive alcohol use.

Geraldton 361.06 THE

Basic counselling skills
1 videodisc (DVD) (12 min.): sd., col.; 4 3/4 in.

This video features two vignettes of an initial assessment with a reluctant client who has alcohol related problems. The video is an excellent training resource for generalist and specialist drug workers who encounter resistant clients. The first vignette demonstrates roadblocks. The second vignette demonstrates effective counselling skills.

Geraldton 361.06 THE

Counselling Aboriginal clients and their families
1 videodisc (DVD) (38 min.): sd., col.; 4 3/4 in.

This video demonstrates a range of general and drug counselling skills. It is an invaluable tool for generalist and drug workers (indigenous and non-indigenous) who encounter indigenous clients with drug or alcohol related problems in the course of their work.

Geraldton 361.06 THE

Counselling family members: alcohol and drug counselling skills
1 videodisc (DVD) (27 min.): sd., col.; 4 3/4 in.

This video demonstrates a brief five-step intervention program based on the stress-coping-health model that has been used and tested with relatives of drug users in primary care settings.

Geraldton 361.06 THE
Exploring choice
1 videodisc (DVD) (53 min.): sd., col.; 4 3/4 in.

A range of general and drug and alcohol skills are demonstrated in five counselling sessions with a young woman concerned about her cannabis use. The skills illustrated in these interviews are general counseling skills - listening skills, empathy, use of questions, summarizing and reflecting feelings; assessment; motivational interviewing; problem solving and short-term goal setting; responding to relapse and termination issues.

Geraldton 361.06 THE

Five forces of counseling and psychotherapy, first force: psychoanalytic
2 videodiscs (100 min.): sd., col.; 4 3/4 in.

A video series that compares and contrasts the major theoretical paradigms, or forces, that have shaped how counseling is practiced with clients. Prof. Manivong J. Ratts interviews experts in each of these counseling fields who will discuss their research as well as the tenets of each of these counseling specialties. Following each interview, there is a therapy session with the same client.

Geraldton 158.3 FIV

Journey into the structure of your beliefs & how you create reality
[Totnes]: SmartDreamers, [2011]
1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.

This exclusive interview was filmed live in San Francisco in 2009, and is packed with a variety of practical information on how to identify and change beliefs.

Geraldton 158.1 DIL

Marital counselling
1 videodisc (DVD) (58 min.): sd., col.; 4 3/4 in.

This DVD demonstrates a range of counselling skills when working with couples experiencing relationship and drug related problems. This program features two counselling sessions. Session 1: The counsellor explores a young couple’s relationships difficulties, in particular the wife’s concert at her husband’s drug use. Session 2: The counsellor assesses the success of attempted changes by the husband.

Geraldton 361.06 THE
Mental health and drug problems: working with adults

1 videodisc (DVD) (34 min.): sd., col.; 4 3/4 in.

This video features two counselling sessions. The first session: the counsellor explores with her client, a young woman, her anxiety and panic attacks, and an unwanted sexual encounter. The counsellor assesses the client's speed use and the connection between the encounter and her increased use. The second session: the counsellor meets with a man referred by his doctor for alcohol related issues. The impact of his drinking is explored as well as his underlying depression.

Geraldton 361.06 THE

Mental health and drug problems: working with young adults and adolescents

1 videodisc (DVD) (29 min.): sd., col.; 4 3/4 in.

This video demonstrates a range of key counselling skills in working with young adults and adolescents with both mental health and drug related problems.

Geraldton 361.06 THE

Theory and practice of counseling and psychotherapy

1 DVD-video (NTSC): sd., col.; 12 cm.

A film examining the theory and practice of counselling and psychotherapy.

Geraldton 158.3 COR

Therapeutic techniques for managing trauma and drug use

1 videodisc (DVD) (87 min.): sd., col.; 4 3/4 in.

This counselling DVD features a clinical psychologist interviewing a client experiencing problems in managing her trauma, substance use and mental health issues. The therapist uses an educational approach as a powerful therapeutic strategy to empower the client. The interview illustrates: motivational interviewing; dealing with dissociation and stress reduction techniques (including grounding and controlled breathing); creating a safe place; mindfulness; identifying and managing emotions; dealing with self-critical thoughts and beliefs.

Geraldton 361.06 THE
Working with complex clients

1 DVD (38 min.): sd., col.; 4 3/4 in.

Summary: In this interview with her client, the counsellor explores a number of problems including the client's anxiety, her drug use, the risk of harm to her children, a suicide risk assessment, relationship difficulties, financial problems, and past child sexual abuse.

Geraldton 361.06 THE
While they were sleeping

1 videodisc (46 min.): sound, colour; 12 cm.
Off-air recording of ABC1 'Four corners' program, broadcast 22 October, 2013.

It was meant to be fun. An Australia Day paddock party, a reunion for a group of 19-year-old school friends before they went their separate ways, to university and work. But something went very wrong. By sunrise, two young people were dying, their families and friends devastated and a community was in shock.

Geraldton 345.94405 WHI

Little boy lost

1 videodisc (45 min.): sound, colour; 12 cm.
Off-air recording of ABC1 'Four corners' program, broadcast 25 February, 2014.

He was an eight-year-old boy, with a loving family and a bright future. But his life was cut short in October 2007. He went missing, while the people from the town he lived in attended a funeral. Two days later his shirtless body was found in a muddy creek less than a kilometre from where he'd lived. Police rapidly concluded he'd wandered off alone, fallen down a steep creek-bank, hit his head and drowned. How they reached this conclusion is still not entirely clear.

Geraldton 363.25099429 LIT
DEATH & DYING

Dead certain

1 videodisc (52 min.): sound, colour; 12 cm.
Off-air recording of SBS1 'Insight' program broadcast 6 August, 2013.

Colin was watching TV on the couch when he had a cardiac arrest. He was 'dead' for at least 40 minutes before doctors finally brought him back to life. Cassandra was blue and bloated when she was seen floating in the water at a Sydney beach last year. It's hard to know for sure, but rescuers say she didn't breathe for at least 15 minutes before they revived her. Both Colin and Cassandra are fine today. Medical science is pushing the boundaries of death, with doctors now able to resuscitate some patients even an hour after they have 'died'.

Geraldton 616.025 DEA
DEPRESSION

**Another shade of blue**

1 videodisc (DVD) (68 min.): sd., col.; 4 3/4 in.

Geraldton 616.8527 ANO

**Don’t beat around the bush!**

1 videodisc (DVD) (20 min.): sd., col.; 4 3/4 in.

Beyond blue is a national, independent, not-for-profit organisation working to address issues associated with depression, anxiety and related substance misuse disorders in Australia. It is a bipartisan initiative of the Australian, state and territory governments with a key goal of raising community awareness about depression and reducing stigma associated with the illness. Beyond blue works in partnership with health services, schools, workplaces, universities, media and community organisations, as well as people living with depression, to bring together their expertise around depression.

Geraldton 616.8527 DON

**Out of the blue: strategies to combat teen depression**

1 videodisc (DVD) (30 min.): sd., col.; 4 3/4 in.

Outlines the symptoms and causes of depression, future trends in treatment and where to find help. Daniel Johns, singer of Silver Chair and the Dissociatives discusses his experience with depression, along with young adults from both metro and regional areas. Jeff Kennett, Chairman of Beyondblue and other professionals from the field add informative and supportive commentary.

Geraldton 616.85270083 OUT

**Stories of hope & recovery**

1 videodisc (DVD) (ca. 70 min.): sd., col.; 4 3/4 in.

Features the 20-minute ABC Landline "Black dog" program on rural men, alcohol and depression.

Geraldton 616.8527 STO
Teen depression

Bendigo, Vic.: Video Education Australasia [distributor], c2009.  
1 videodisc (DVD) (20 min.): sd., col.; 4 3/4 in.

Depression is treatable and should not be suffered in silence. This program, targeted at teenage viewers, emphasises the message that depression is a medical illness, not a sign of weakness or a flaw in character. Real teens from diverse backgrounds talk about their struggles with depression and their strategies for recovery.

Geraldton 616.8527 TEE
Australia is now suffering an epidemic of Type 2 Diabetes according to health professionals around the country. The epidemic is largely fuelled by an increasing percentage of people suffering from obesity. More than one thousand people are now being diagnosed with Type 2 Diabetes each week. And, most alarmingly, the disease is attacking our children. Serious complications with diabetes can result in heart attack, blindness, and amputations. Insight focuses on a number of cases of Type 2 Diabetes in teenagers and young people in their twenties. We ask whether these young people could have avoided the disease through better diet and exercise. Or is diabetes determined by genes?
DISABILITIES

Belinda’s baby

1 videodisc (DVD) (56 min.): sd., col.; 4 3/4 in.

Belinda Wardlow-Jones, aged 32, is one of the few Australian women to suffer from muscular dystrophy. This documentary follows her as she prepares to become a mother for the first time, and as she deals with the hopes, fears, joys and frustrations of parenthood.

Geraldton 362.4082 BEL

Ok, let’s talk about me

1 videodisc (DVD) (ca. 26 min.): sd., col.; 4 3/4 in.

Eddie is a seventeen-year-old boy with Down Syndrome. He's stubborn and charming, funny and sometimes temperamental. Through the course of this documentary, the viewer is invited to get to know Eddie and go on a journey with him as he turns eighteen and prepares to leave school. Eddie's journey toward increased independence forms the story of this documentary. While most films of this kind focus on the concerns of the parents of children with a disability, this film takes a unique perspective, allowing the filmmakers and Eddie's family to guide us through whilst maintaining a focus on Eddie's own changing perspective: what is important to Eddie and what does he feel gives him a sense of independence?

Geraldton 362.3092 OK

Rudely interrupted

1 DVD-video (PAL) (57 min.): sd., col.; 12 cm.

The journey of a unique rock band, whose members all have physical or intellectual disabilities, takes them from the Melbourne pub scene to the stage of the UN building, New York. Rudely Interrupted are a motley crew of six, including their manager, who are intrinsically funny with an infectious love of performing. They make rock 'n' roll history as the first band to play at the United Nations for International Disability Day. Most of them have never been outside their home state of Victoria and so the journey is daunting and exciting. Their devoted fans at home know and love their infectious indie music that they produce with challenges like blindness, deafness, Aspergers, autism and Down syndrome. But for this film, the focus is not Rudely Interrupted’s disabilities, but their amazing journey on the road as their adventure takes them to concerts in five cities across two continents. It looks into these extraordinary individuals and how they cope with the pressures of living closely with each other and facing pressure and circumstances that would undo a professional outfit.

Geraldton 781.630994 RUD
Shake, rattle & roll: a journey with Parkinson’s

1 videodisc (52 min.): sd., col.; 4 3/4 in.
Off-air recording of the SBS-TV program broadcast 02/06/05.

This is the journey of a man suffering from Parkinson's disease. Ross Collins tells of his past twelve years' experiences of living with Parkinson's. Before, he had a steady job with Victoria Police, with promising future prospects; and was happily married with two young children. The disease struck him at an early age, changing his life and setting him on a different course. His outlook on life has changed, and his decision-making influenced; as well, his relationships with his family affected. He feels normal only when he is shaking, rattling and rolling along on his Harley. His wish for a cure leads him to pin his hopes on faith healing by the 'miracle man', in Brazil. The first two visits did not seem to have done anything to improve his physical condition. Ross is returning to Brazil for the third time, hoping against hope that his condition could be improved by a miracle healing. This documentary gives an intimate look into the life of a Parkinson's disease sufferer and that of his family. Includes also a medical definition and prognosis of the disease by neurologists.

Geraldton 616.833 SHA

Welcome 2 my deaf world

1 videodisc (DVD) (52 min.): sd., col.; 4 3/4 in
Off-air recording of SBS TV Storyline Australia program, broadcast 16 Sept. 2006

There are about 3000 profoundly deaf children in Australia. Many of these are teenagers who must one day make their way into the hearing world. Bethany and Scott are two ordinary teenagers, who live in the extraordinary world of the deaf. To Bethany and Scott, their deaf world is a rich culture of human possibility, with its own language - Auslan - and with its own rules, challenges and inspirations. Above all, it is about seeing, and dancing a language of profound gestural communication. It is a culture that few people know or fully understand. This program follows Bethany and Scott through the last few months of their schooling at the Victorian College for the Deaf (VCD), Australia's first school for deaf kids, and now the only place that teaches in sign language from Prep to Year 12. With dreams of creative, sporting and academic success, both teenagers are eager to move beyond their sheltered lives and enter the wider world.

Geraldton 305.9082 WEL
**DISABILITY CARE**

**Driving with Richard**

[Australia]: Pericles Film Productions; [Civic Square, A.C.T.]: Ronin Films [distributor], 1992.
1 videodisc (DVD) (ca. 50 min.): sd., col.; 4 3/4 in.

The story of a remarkable friendship between two women - Deirdre Croft and Carley Pukallis. Deirdre and Carley have provided support for each other for over six years as they cope with the trauma, hardship and enormous challenge of caring for their handicapped children - children with special needs. This documentary also tracks the recent history of these two women who reveal with candour and humour how their expectations about motherhood were altered and how they have created lifestyles that fulfil their own needs.

Geraldton 362.82 DRI

**On Richard's side**

[Australia]: Pericles Film Productions, 2016.
1 videodisc (DVD) (93 min.), sound, colour; 4 3/4 in.

This is the third in a trilogy of documentaries about Richard and his family, and it weaves together the story of this new phase in their lives with footage from the first two films: Driving with Richard and Wonder Boy.

Geraldton 362.4 ONR

**Wonder boy**

1 videodisc (DVD) (56 min.): sd., col.; 4 3/4 in.

Sequel to the documentary film, Driving with Richard. Richard has finished school, and his parents Deirdre and Charlie have separated. Charlie is now Richard's principal carer. An intimate portrayal of family life, a family challenged with the complexity of supporting and nurturing a child with special needs who is moving into adulthood.

Geraldton 362.4043 WON
DISCRIMINATION

Anatomy of prejudice

1 videodisc (DVD) (60 min.): sd., col.; 4 3/4 in.

For 40 years, Jane Elliott has staged her radical 'exercise' in tackling racism all over the world. Now, she's undertaking it for what she says will be the last time on a grand scale. And she's chosen to do it in the UK. In a disused warehouse in London, 30 volunteers have agreed to take part in 'a psychological exercise'. What they don't know is it confronts racism and it has ignited controversy all over the world.

Geraldton 305.8 ANA

Blue eyed

1 videodisc (DVD) (95 min.): sd., col.; 4 3/4 in.

An intensely unsettling look at ex-schoolteacher Jane Elliott's workshops opposing prejudice, ignorance and racism, in which she selects all the blue eyed people and has the others discriminate against them arbitrarily, to make them understand how blacks feel.

Geraldton 305.800973 BLU

Inside the Klan

Off-air recording of SBS1 'Dateline' program broadcast 30 April, 2013
1 videodisc (60 min.): colour, sound; 12 cm

"Meet Steve Howard, the Imperial Wizard of Mississippi's Ku Klux Klan. He's one of the estimated 8,000 Klan members in the United States, loudly proclaiming their racial hatred and demand for segregation. On Tuesday's Dateline, Aaron Thomas gets a fascinating insight into a world that ironically has been reignited by the election of Barack Obama. With rare access to both the Klan's elaborate fire lit ceremonies and social family gatherings, he finds they're trying to present a new non-violent image with their own take on American patriotism. But the voice of opposition is loud too, as those who've seen it all before hope that history is not about to repeat itself.

Geraldton 362 INS

Dog act

Four Corners program broadcast on ABC-TV on 19 July 2010
1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.

A forensic investigation of the killing of Kwementyaye Ryder by five white, local youths from Alice Springs. Liz Jackson reports on a killing that has had a devastating impact on six families and that has forced the town of Alice Springs to confront the ugly side of racism.

Geraldton 305.8 DOG
Dumb, drunk and racist

2 videodiscs (DVD) (180 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC2 program, broadcast 21, 28, June; 4, 11, 18, 25 July, 2012

Part social experiment, part road trip and part character study, Dumb, Drunk and Racist puts Australia and its people under the microscope by testing foreign pre-conceptions of Australian stereotypes, culture and identity. The series exposes a number of confronting topics such as our possibly inherent racism, alcoholism, poverty, social injustice, multiculturalism, same sex marriage and the role the media plays in reporting this across the globe. Dumb, drunk and racist takes the audience on a journey from India to Australia with four Indians in an effort to discover whether Australian's really are racist, drunk and stupid. It is an insight into how other cultures perceive us and how we perceive ourselves.

Geraldton 305.800994 DUM

Go back to where you came from

4 videodiscs (DVD) (240 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS1 program broadcast 21, 22, 23, 28 June 2011

In this world first TV event, Go Back To Where You Came From follows six ordinary Australians - Raye, Darren, Gleny, Adam, Roderick and Raquel - who hold very different perspectives about refugees and asylum seekers. The six participants agree to challenge their preconceived notions by embarking on a confronting 25 day journey.

Geraldton 362.87 GOB

Go back to where you came from: series 2

3 videodiscs (DVD) (ca. 180 min.): sd. col.; 4 3/4 in.
Off-air recording of SBS1 programs, broadcast 28, 29, 30 Aug., 2012

The second instalment of this multi award-winning series, six prominent Australians risk their lives to experience the reality of refugee life, as they embark on an extraordinary and confronting three-week journey. Tempers flare as the Australians - Peter Reith, Catherine Deveny, Angry Anderson, Michael Smith, Imogen Bailey and Allan Asher - move in with resettled refugees and asylum seekers. But nothing can prepare them for the twists and turns in store. They face mortal danger in the worlds’ deadliest cities - from the sweltering, war-torn capital of Somalia, Mogadishu, to the riotous streets of Kabul, freezing amidst the mountains of Afghanistan.

Geraldton 362.87 GOB

Indecently exposed

1 videodisc (56 min.): sd., col.; 4 3/4 in.
SBS Broadcast date: 30/1/2007.

Witnesses the confrontational and highly effective techniques of anti-racism expert Jane Elliott in a workshop held in Regina, Saskatchewan, exposing systemic racism against Native Canadians. Focuses on the experiences of individual participants.

Geraldton 305.8 IND
Jane Elliot's Australian Eye
1 videodisc (DVD) (60 min.): sd., col.; 4 3/4 in.

When Jane Elliot's extraordinary and unique exercise in discrimination - Blue-Eyed - screened on SBS Television, it garnered a huge audience reaction. Now, Ms Elliot has turned her laser vision on Australia in a confronting but illuminating version of the same exercise, in which participants are forced to experience the unsettling and hostile reality of racism.

Geraldton 305.800994 AUS

Living with the enemy

2 videodiscs (104, 98 min.): sound, colour; 12 cm.
Off-air recording of SBS1 programs, broadcast 3, 17, 24 September, 1 October 2014.

Living with the Enemy is a provocative six-part documentary series exploring the fault lines of social cohesion in Australia. Each episode explores a different topic dividing Australian opinion by asking people to live with others whose lifestyles and beliefs directly contradict their own.

Episode 1. Same sex marriage (51 min.) -- episode 3. Immigration (53 min.) -- episode 4. Islam (49 min.) -- episode 5. Marijuana (49 min.)

Geraldton 306.0994 LIV

Racism
Hindmarsh, S. Aust.: Dept. of Education and Children's Services, Tape Services, [20--?]
1 videodisc (DVD) (43 min.): sd., col; 4 3/4 in.

Looks at how most recent young migrants are bearing the brunt of racist hostility in Australia. Also examines why racism exists and whether or not the media contributes to it, together with an assessment of positive moves to deal with racism and plans to legislate against racists.

Geraldton 305.80994 RAC

Understanding prejudice
Bendigo, Vic.: Video Education Australasia, 2008.
1 videodisc (DVD) (29 min.): sd., col.; 4 3/4 in.

Prejudice in the 21st century may not seem overt, yet we remain a prejudiced society. Whether it's racial assumptions, views on gender, income, vocation, clothing, even whole cities or suburbs, all of us hold prejudicial thoughts. In this intelligent and thought-provoking program we explore some of the reasons why society chooses to accept some people, but excludes and rejects others. Including a brief historical look at groups of people who have experienced prejudice, and why these views differ today, this is an excellent discussion starter for your classroom.

Geraldton 305.8 UND
DISEASES AND DISORDERS

Age of AIDS

1 videodisc (DVD) (60 min. ea.): sd., col.; 4 3/4 in.

On the 25th anniversary of the first diagnosed cases of AIDS, this four-part documentary series examines one of the worst pandemics the world has ever known. According to this documentary, after a quarter century of political denial and social stigma, of scientific breakthroughs, policy battles and inadequate prevention campaigns, HIV/AIDS continues to spread rapidly throughout much of the world, particularly in developing nations. To date, some 30 million people worldwide have already died of AIDS. And the crisis continues over the next decade, an estimated 40 million more people will contract HIV. Part one begins with the medical and scientific mystery that emerged in 1981 when five gay men in Los Angeles were diagnosed with a new disease. The film documents the frantic search by American and European scientists and epidemiologists to find the source of the deadly infection as they tracked its spread among gay men, intravenous drug users, haemophiliacs and then into the general population. The trail led them back in time, from major American and European cities to Haiti and finally to the Congo.

Geraldton 362.196979209 AGE

Anxiety

1 videodisc (DVD) (52 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS TV 'Insight' program, broadcast 11 May, 2010, 31 March 2011.

A panic attack can involve a rapid heart rate, nausea, tingling, sweats and a sense that "you're going crazy" or "losing control". It can happen at any time and affect almost anyone. Anxiety - what is it and can it be cured? Anxiety attacks and disorders are the most common reason people in Australia get counselling. It hits over 10 per cent of the population at any given time, and it's estimated that one in four people will experience it over a lifetime. We hear from one man who was unable to leave his house for years because his social anxiety became so debilitating, and from a woman whose panic attacks control her daily movements. We talk to psychiatrists, psychologists and researchers about treatments for anxiety sufferers - and hear how online therapy is revolutionising treatment.

Geraldton 616.8522 ANX

Australian lifestyle diseases 1: obesity, diabetes, dental decay and anaemia

1 videodisc (DVD) (25 min.): sd., col.; 4 3/4 in.

Surf, sun and the great outdoors. Australians have a great way of life, but our lifestyle can also cause many health problems that are known as lifestyle diseases. Diets high in fat and sugar, increasing amounts of time spent watching TV and playing computer games and poor food choices contribute to health problems such as obesity, diabetes, dental decay and anaemia. These diseases affect millions of Australians and in many cases are caused by poor habits and lifestyle choices. Students will gain an understanding of these diseases and the impact they are having on the health of Australia's population.

Geraldton 616.00994 AUS
Australian lifestyle diseases 2: cancer, heart and bone conditions

1 videodisc (DVD) (22 min.): sd., col.; 4 3/4 in.

Many diseases in our society are a result of lifestyle choices. Consider smoking, drinking alcohol and choosing not to partake in physical activity. The government and other organisations spend millions of dollars each year attempting to curb the results of our poor health and lifestyle choices. This program addresses the National Healthy Priority Area; Cardio-vascular disease, Cancer control, Arthritis and Musculoskeletal conditions. Students will gain an understanding of these diseases and the impact they are having on the health of Australia's population.

Geraldton 616.00994 AUS

Continence education program series 2007/08:

2 videodiscs (192 min.): sd., col.; 4 3/4 in.

Comprehensive overview of the problems and solutions associated with continence/incontinence, for men, children and adolescents, and advice on improving bowel incontinence. The topics are discussed by panels of speakers consisting of medical practitioners, nurses and therapists.

Geraldton 616.62 CON

Eating disorders

1 videodisc (DVD) (28 min.): sd., col.; 4 3/4 in

This program examines what eating disorders are, their symptoms, myths and most effective treatments.

Geraldton 616.8526 EAT

Narcissism

1 videodisc (DVD) (50 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS1 'Insight' program broadcast 12 April, 2011.

This week Insight explores narcissism: what causes it, whether social media is feeding it, and when narcissistic tendencies verge into serious disorder. Narcissists have an inflated sense of self, a lack of empathy and can be vain and materialistic. But narcissism can be far more serious and destructive than simply an overblown ego. While the spectrum of narcissistic personality disorder is broad, those at the severe end of the scale can tear apart the lives of the people around them.

Geraldton 616.85854 NAR
An introduction to obsessive compulsive disorder (OCD), an anxiety disorder which is characterised by recurrent unwanted thoughts (obsessions) and/or repetitive behaviours (compulsions). Cosmo Kentish-Barnes, who suffers from OCD, takes his audience on a personal journey.
DISEASES AND DISORDERS IN CHILDREN

Behaviour business

1 videodisc (DVD) (44 min.): SD, col.; 4 3/4 in.
Off-air recording of the ABC TV program broadcast 6 August 2007.

An angry child, lashing out at the world, struggling at school, labelled a 'problem'. The desperate parents, looking for help, hoping that one day their child will have a normal life. This is the traumatic world of families living with Attention Deficit Hyperactivity Disorder. With the fierce debate over the prescription of amphetamine-like medication to children, many parents are looking for drug-free alternatives.

Geraldton 616.8589 BEH

Boy's life

1 videodisc (46 min.): sd., col.; 4 3/4 in.
Four corners (Television program)

A Boy's Life paints a compelling portrait of how one child's day-to-day behaviour is dangerously affected by the very people who love him most: his mother and his grandmother. Robert is from a family of battlers in impoverished rural Mississippi. His mother became pregnant with him when she was raped at age 16. His grandmother began caring for him after he turned two. When Robert shows signs of disturbance, he is diagnosed with various personality and behavioural disorders and prescribed medications including anti-depressants and Ritalin - sometimes administered by force. But at school Robert is a different boy. He is happy, cooperative and thrives on his work. The gulf between success at school and trouble at home draws the concern of his teachers, his therapist and child welfare bureaucrats.

Geraldton 616.8581 BOY

Kids on speed?

Broadcast by ABC TV on 6, 13 and 20 February 2014.
2 videodiscs (171 min.): sound, colour; 12 cm.

Kids on Speed is a hybrid of observational documentary, factual intervention and social experiment. Working together for the first time, a team of experts, led by dynamic Clinical Psychologist Professor Mark Dadds, put 4 families with 5 children suspected of having ADHD, through a cutting edge evidence based 9-week intervention program. The stakes are high. The families are at the end of their tethers having been everywhere for help to no avail and the experts are putting their reputations on the line, as they seek a new treatment gold standard for one of the most stigmatised, misunderstood and misdiagnosed disorders affecting children today Attention Deficit Hyperactivity Disorder.

Geraldton 616.8589 KID
DRUGS

Attack of the happy people

1 videodisc (DVD) (60 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS-TV 'Hot docs' program broadcast 19 Dec. 2006

Ecstasy, which started out as a psychotherapeutic drug, has now become one of the most consumed recreational drugs around. This film by Nadav Harel documents the flourishing ecstasy party culture in Israel today.

Geraldton 362.299 ATT

Dying to Dance

1 videodisc (DVD) (45 min): digital, sound, color; 4 3/4 in.
Off-air recording of ABC broadcast on 20 February 2016.

In this provocative story, reporter Caro Meldrum-Hanna goes inside Australia's dance party drug scene. In this program we hear the voices of young Australians, speaking candidly about taking so-called "party drugs" and they're more common than you would guess. Australians are the highest users of ecstasy and its main chemical component MDMA, per capita, in the world. Seven young Australians have died in the space of a year, hospital admissions are on the rise and concerns are growing about the increasing purity of the drugs. But this isn't deterring them.

Geraldton 362.299 DYI

Ice: your body belongs to you

Helensvale, Qld. 3Dme, 2010.
1 videodisc (DVD) (10 min.): sd., col.; 4 3/4 in.

Street drugs, everyone has heard about them, parents and teachers warn against them, some people use them and some of us are still trying to figure out exactly what they are and what they do. Methamphetamine is also known as speed, ice or crystal meth. This highly addictive substance gives users a rush by overstimulating key areas of the brain. Closely related to Amphetamines, it affects the central nervous system even more powerfully, giving users a range of sensations from heaps of energy and enthusiasm, through to feelings of severe anxiety, and even suicide. Like any drug how crystal meth will affect you depends on your size, weight and overall health status. As well as how much you take and whether you mix it with other drugs, such as alcohol. This DVD looks at Ice and how it affects you.

Geraldton 362.299 ICE
**Ice age**

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Off-air recording of the ABC TV program broadcast 20 March 2006.

It’s cheap, highly addictive and ultra-powerful. "Ice" or crystal methamphetamine, is now more popular than heroin, playing havoc with the minds and the bodies of nearly 50,000 Australians. Ice is filling emergency wards with psychotic, dangerous patients, to the alarm of doctors who thought they’d seen everything.

Geraldton 362.299 ICE

**Leaving Lucy**

1 videodisc (DVD) (28 min.): sd., col. with b&w sequences; 4 3/4 in.
Off-air recording of ABC-TV "Australian Story" broadcast 17/10/05

Much to the horror of her close-knit family, who speak for the first time on Australian Story, Kate Holden went from a comfortable middle-class home in Melbourne to the netherworld of drugs and commercial sex. A prolific diary writer, Kate Holden chronicled her journey from a university graduate with an honours degree in classics and literature, to heroin addiction and becoming a sex worker under the name of 'Lucy'. She worked the streets of St Kilda and in high-class brothels, to fund her habit. She has an interesting perspective on her 'career' as a prostitute and how having paid sex with multiple strangers seven nights a week became 'as easy as washing up'.

Geraldton 362.293092 LE

**Meth epidemic**

1 videodisc (DVD) (51 min.): sd., col.; 4 3/4 in.
Off-air recording of the SBS TV program broadcast 27 June 2006

What started as a fad among West Coast motorcycle gangs in the 1970s has spread across the United States and despite lawmakers' calls for action, the drug is now more potent, and more destructive, than at any time in the past decade. This documentary investigates the 'meth' rampage in America: the appalling impact on individuals, families and communities, and the difficulty of controlling an essential ingredient - ephedrine and pseudoephedrine - sold legally in over the counter cold remedies. There are 1.5 million methamphetamine addicts in the US: more than coke and heroin put together and the social cost has been enormous. The documentary reveals that up to 75% of pseudoephedrine products purchased legally is used to produce methamphetamine. Drug multinationals are profiting from the addiction epidemic and they oppose any measures to restrict access to their products.

Geraldton 362.29 MET
On ice

1 videodisc (DVD) (55 min.): sd., col.; 4 3/4 in.
An off-air recording of SBS-TV broadcast 14 November 2006

It's cheap, highly addictive and easily manufactured - its crystal methamphetamine or ice - as the drug is more commonly known - and it's estimated there are now more Australians addicted to it than to heroin. The effects can be catastrophic - at its worst ice brings on paranoia and acute psychosis that can lead to violence. It has police, health workers and politicians seriously worried.

Geraldton 362.29 ONI

Pain, pus & poison

Australia: Distributed by Madman Entertainment Pty Ltd, 2013.
1 DVD-video, sound, colour; 12 cm.

Simple aspirin tablet to specially grown antibiotics, we’ve used science to combat aches, pains and bellyaches. It’s a story of revelation and genius, and a story that ultimately has transformed - and saved - the lives of millions of people across the planet.

Geraldton 615.19 PAI

Pill poppers

1 videodisc (DVD) (55 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS1 program broadcast 25 Jan., 2011

Over a person's lifetime they are likely to be prescribed more than 14,000 pills. These drugs perform minor miracles day after day, but how much is really known about them? Drug discovery often owes as much to serendipity as to science, and that means much is learnt about how medicines work, or even what they do, when they’re taken. By investigating some of the most popular pills people pop, this program asks, how much can they be trusted to do what they are supposed to?

Geraldton 615.1 PIL
FAMILIES

**Instant families: building a stronger, healthier relationship**

1 videodisc (DVD) (10 min.: sd. col.; 4 3/4 in.)

Creating a new relationship and with it a new family is an exciting and important time, that can often also be very complicated. Inside you will find information to help you develop a set of tools to help make the transition a little smoother. There are articles and activities on everything from setting expectations and family priorities, to dealing with conflict and setting house rules.

Geraldton 306.870994 INS

**Making families happy**

1 videodisc (DVD) (170 min.): sound, colour; 12 cm. + study guide.
Off-air recording of ABC broadcast on 27th October, 3rd and 11th November 2015.

The hit ABC TV series Making Australia Happy and Making Couples Happy proved that science can make individuals and couples happier in just eight weeks. Now, in an Australian and world first, the Happiness Team are turning their attention to their greatest challenge yet: families. With the help of a team of experts, over two months, three very different Australian families attempt to overcome longstanding barriers to happiness. They range from a large blended family to a single mother with a thirteen-year-old daughter. Their problems are ones that all Australians will relate to. Poor communication, financial stress, lack of parenting skills, defiant teenagers. For the three families, it’s their best hope for change after years of conflict.

Geraldton 306.85 MAK

**Redfern now**

3 videodiscs (approximately 340 min.): sound, colour; 12 cm.
Off-air recording of ABC1 programs, broadcast 21 November 201, 21 February 2014.

These powerful, moving, funny, bittersweet stories centre on a diverse group of individuals exploring their strength, flaws and resilience. Over six episodes we join the households of six different families whose lives are changed by a moment’s decision, an accident or a seemingly insignificant incident. It is a series about extraordinary events in ordinary lives.

Geraldton 91.4572 RED

**Taking the first step: building a stronger, healthier relationship**

1 videodisc (DVD) (9 mins): sd., col.; 4 3/4 in.

Taking the first step and making a significant commitment to someone you love is one of the most exciting and important times in your relationship ... you will find information you need to develop your own set of relationship tools. There are articles and activities on everything from setting expectations and goals, to developing a budget and dealing with a crisis.

Geraldton 306.870994 TAK
Then we were three: building a stronger, healthier relationship

1 videodisc (DVD) (sd. col.; 4 3/4 in.)

Going from a couple to a family with a child is one of the most exciting and important times in your relationship. It is impossible to ignore the fact that your lives are about to be transformed forever. Inside you will find the information to help you develop a set of tools to deal with the changes in your relationship.

Geraldton 306.850994 THE

Turn back time: the family

Off-air recording of SBS1 programs broadcast 5 April, 12 April, 19 April, 26 April, and 3 May 2013.
5 videodiscs (325 min.): colour, sound; 12 cm.

The Family tells the story of Britain's most valued institution: the family. Using a unique blend of living history and genealogy, three modern day British families are taken back in time to the 1900s before being fast-forwarded through almost one hundred years of family life.

Episode 1. Edwardian Era
Episode 2. The Great Depression
Episode 3. The Second World War
Episode 4. The Swinging 60s
Episode 5. The 1970s.

Geraldton 306.850942 TUR

Who do you think you are? Melissa George

1 videodisc (60 min.): sound, colour; 12 cm.

Actress Melissa George knows something about her father's side of the family, but there are a number of gaps in her mother's ancestral story. Melissa has a sense of a number of secrets being held back, even a feeling of some shame. Her journey takes her first to Rottnest Island, where Melissa's great, great, great grandfather had a job as a prison guard. But as Melissa's search continues, she learns of a suspected case of abuse of a prisoner in a colonial goal which raises questions about her ancestor's involvement.

Geraldton 929.10994 MEL
FAMILY VIOLENCE

Changing men
1 videodisc (29 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC1 broadcast 25 February 2008.

One in five Australian women - perhaps your workmate, or your neighbour or your friend - knows the humiliation and terror of domestic violence. And every five days, on average, a woman is killed by her partner. Jailing the man is the only response to the most vicious cases. Frequently a woman's only option is to remove herself and her children from the abuser. But is there another way to tackle domestic violence? Is it possible for violent men to unlearn their behaviour? Across Australia hundreds of men are now fronting new voluntary programs which are claiming modest success in changing their ways.

Geraldton 362.8292 CHA

Lani's story
1 videodisc (DVD) (51 min.): sd., col.; 4 3/4 in.
Off-air recording from SBS-TV, broadcast on 25/05/2010

Lani's story follows a woman's experience of two relationships - one she has to escape to survive and another she cannot survive without. It is a moving and intimate portrait of a young Aboriginal woman's journey from victim to victor. Lani's story also explores the impact of inter-generational violence with a family and community and how the courage of one person can transform the lives of others.

Geraldton 362.8292 LAN

Til death do us part?
1 videodisc (DVD) (28 min.): sd., col.; 4 3/4 in.
An off-air recording of ABC's Australian Story broadcast on 1 September 2008

In May this year, hardened court officials were moved to tears by one of the most unusual cases ever to come to trial. It was the culmination of events that had unfolded over a period of thirty years. For three decades, Catherine Smith cared for her six children and put up with sadistic domestic violence that has been described as one of the most extreme examples ever witnessed in Australia. But in June 2006, she reached her breaking point. Catherine Smith stood opposite her husband, holding a loaded gun, convinced her choice was to kill or be killed.

Geraldton 362.8292 TIL
**GENDER ISSUES**

**About a girl**

1 videodisc (DVD) (29 min.): sound, colour; 12 cm.
Off-air recording of ABC1 Australian story program, 15th August 2016.

Battling prejudice and legal challenges, 16-year-old transgender teenager Georgie Stone takes on the system to make life easier for other transgender kids and their families.

Geraldton 306.768 ABO

**Being me**

1 videodisc (46 min.): sound, colour; 12 cm.
Off-air recording of ABC1 'Four corners' program, broadcast 17 November, 2014.

There are any number of self-help books that will tell you how to find yourself but what if truly being yourself involved changing your gender? Would you have the courage to do it? Eleven-year-old Isabelle does. To the world she looked like a young boy. But she knew that she was really a girl, and a year ago she told her parents the way she felt. This week Four Corners reporter Janine Cohen tells Isabelle's story and the story of the family, the doctor and ultimately the community that backed her decision to truly be herself. Along the way we meet other people who've confronted the same feelings and discover that a growing and significant number of children are finding themselves in the same situation. Some find support from their parents and doctors. Others discover fear, prejudice and a legal system that doesn't make it easy for them to be themselves.

Geraldton 306.768083 BEI

**Crossover Kids**

Off-air recording of SBS1 'Dateline' program broadcast 30 April, 2013
1 videodisc (60 min.): colour, sound; 12 cm

On the surface, Coy Mathis is a typical seven-year-old girl. She likes dressing up, gravitates towards the colour pink, and enjoys playing with her dolls... but Coy was born a boy. Jeannette Francis investigates the complex and fascinating world of transgender children. Backed by medical experts, a growing number of parents in the United States are allowing their kids to live openly as the other gender. For the children involved, the switch can end years of unhappiness and feelings of being trapped in the wrong body. But like other members of the transgender community, they can face deep social stigma and discrimination.

Geraldton 362 INS
HOMELESSNESS

Homeless

Bendigo, Vic.: Classroom video, [2003?].
1 videodisc (DVD) (23 min.): sd., col.; 4 3/4 in

Explore the connection between drug and alcohol abuse and homelessness and how Gary was eventually helped to break the cycle.

Geraldton 362.50994 HOM

Last chance motel

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.

An off-air recording of ABC1 'Four corners' program, broadcast 22 September 2009

What do you do when you've lost your job, lost your home and you have three kids to feed? You end up in a motel cooking, eating and sleeping in one room at the taxpayer's expense. These are Australia's new homeless. In a gritty and at times confronting documentary, reporter Sarah Ferguson goes inside the lives of these people. They once had jobs and homes, now hit by the triple whammy of the global financial crisis, a rental market that's almost non-existent and government neglect of public housing, their situation is bleak.

Geraldton 305.56920994 LAS

Oasis

1 videodisc (DVD) (121 min.): sd., col.; 4 3/4 in.

Off-air recording of the ABC program, broadcast 10 April 2008

This documentary follows Paul Moulds of the Salvation Army in his dealings with the teenagers who come to Oasis youth refuge for help. Paul supports them through their challenges with drug addiction, mental illness, criminal convictions, domestic abuse and teenage pregnancy, helping them to realise their dreams to live a better life. The discussion panel with Tony Jones that follows, analyses the issues, gaining feedback from the audience consisting of social workers and young Australians who have experienced homelessness.

Geraldton 362.7086942 OAS
Gay Muslims

1 videodisc (50 min.): sd., col.; 4 3/4 in.

A film about young gay Muslims as they reveal their deep conflict with living in a country that is accepting of homosexuality, but belonging to a religion in which it is condemned.

Geraldton 306.62 GAY
HUMAN BEHAVIOUR

Am I normal?

[Neutral Bay, N.S.W.]: Enhance TV [distributor], 2011.
1 videodisc (DVD) (236 min.): sd., col.; 4 3/4 in.

A series on human behaviour, presented by clinical psychologist Dr Tanya Byron. The episodes, sometimes controversial, show people who choose to play with the boundaries of what society calls normal, plus what harm there can be in deviating from the norms.

Episode 1. Body image
Episode 2. Spirituality
Episode 3. Sexuality
Episode 4. Addiction

Geraldton 155.2 AMI

Bouncing back

1 videodisc (60 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS-TV broadcast May 8, 2007

Resilience isn't just about getting back to where you were. It's often about gaining strength and wisdom from adversity. So, are you born with those skills or can you learn them? Tonight, some well-known Australians share their stories and we talk to a scientist about the keys to resilience.

Geraldton 155.24 BOU
Communicating between cultures

[S.l.]: Learning Seed; Eight Mile Plains, Qld.: Marcom Projects [distributor], c2006.
1 videodisc (DVD) (ca. 23 min.): sd., col.; 4 3/4 in.

Some 'cultural givens' are so deeply embedded in thought patterns they lead to communication breakdowns. View and discuss this series of eye opening cross-cultural situations. Observe how 'cultural givens' such as 'getting right to the point', 'saving face,' taking turns in conversation, and saying 'yes' or 'no' complicate inter-cultural communication. Allow a multi-cultural cast to teach your students practical guidelines for communicating between cultures.

Geraldton 303.482 COM

Muslims in Australia

1 videodisc DVD) (27 min.): sd., col.; 1/2 in.

Covers topics such as: their religion; culture; fundamentalism & fanaticism and their history beginning with the Afghan camel drivers.

Geraldton 305.697094 MUS

Taking care: effective communication for CALD workers in aged care

1 DVD + 1 CD.

We follow two trainees during the first days of their work placement in an Aged Care facility, and see a range of interactions with staff and residents. These interactions highlight models of good practice as well as practice to avoid.

Geraldton 362.6 TAK
JUVENILE DELINQUENCY

Brat camp

2 videodiscs (DVD) (210 min.): sd., col.; 4 3/4 in.  
Off-air recording of ABC-TV program, broadcast 20/10/04-10/11/04.

This four-part series follows six badly behaved British teenagers sent to a pioneering American wilderness camp by their parents in a final attempt to change their behaviour.

Geraldton 362.74 BRA

Brat camp: series 2

1 videodisc (46 min.): sd., col.; 4 3/4 in.  
ABC off-air recording, 5/7/07.

What do you do when your kids are rude, aggressive, on drugs, stealing money, binge drinking and out of control? Send them to Brat Camp in the Utah wilderness! But what happens next - when they return home to normal life and peer pressure? Six badly behaved British teenagers were sent to a pioneering American wilderness camp by their parents in a final attempt to change their behaviour. They learned some hard lessons at Utah's Redcliff Ascent but they have been home for a year now - are they back to their bad old ways or did Brat Camp work? Redcliff Ascent is designed to turn bad kids into good through peer pressure, group dynamics and the calming effects of Mother Nature. In What Happened Next, the program catches up with four of the 'brats' to see what life is like after Brat Camp,

Geraldton 362.74 BRA

Brat camp: series 3

4 videodiscs (DVD) (240 min. approx.): sd., col.; 4 3/4 in.  

Follows seven very badly behaved British teenage girls sent to a pioneering American wilderness camp by their parents in a final attempt to change their behaviour through peer pressure, group dynamics and the calming effects of nature.

Geraldton 362.74 BRA

Gypsy child thieves

1 DVD-video (PAL) (45 min.): sd., col.; 12 cm.  
Off-air recording of television program broadcast on ABC TV on March 29, 2010

If you've travelled in Europe you will know the dangers of the Roma, or Gypsy, children who stake out the major tourist centres and swarm around visitors aiming to steal their money, credit cards and other valuables. Now Producer Liviu Tipurita, using hidden cameras and some remarkable detective skills, shows how these children operate. Far from acting alone he reveals how many of them are involved in a system of organised crime that stretches right across the continent, a system the police say they cannot stop.

Geraldton 364.106 GYP
**Kids behind bars**

1 DVD, sound, colour 4 3/4 in. 114 mins.  
Recorded two episodes only, off-air from ABC 2 on 1 and 8 October 2013

Ep.2. Crying 'cos I can't hit no-one -- ep.3. It's just my life - trouble.

"Each year in Britain, 2,000 school-age children are locked up. Vinney Green Secure Unit locks up some of the youngest and the most troubled; the kids' no-one else can manage, whether they are a danger to each other, or a danger to themselves. Filmed over one year with unprecedented access to the unit, the children and the staff who care for them, this extraordinary series tells their stories and finds out what's being done to set the kids straight. Vinney Green houses 24 children aged from ten to 17. Some have committed very serious crimes, while others have been getting in and out of trouble during primary school. Some are sent here for their own protection. And for some, the chaos of their lives has led them down the wrong path. For most this is their last chance - and an opportunity to change. In their own words they explain what it's like to be locked up while you're still a child. The second episode focuses on three young girls living at Vinney Green. Acts of violence committed by girls have doubled in the last four years. Jess is here because of her aggression, while Ruby has run wild throughout her childhood. And at the bottom of the girls' pecking order is Stef, who is in Vinney Green for her own protection"--ABC-TV website

Geraldton 364.360941 KID

**Outback kids**

Off-air recording of ABC1 programs broadcast 19 May, 26 May, 2 June, 2011.  
1 videodisc (DVD) (ca. 180 min.): sd., col.; 4 3/4 in

This powerful three part documentary series follows the work of the Brahminy Group, led by Allan Brahminy, as they attempt to rehabilitate seven profoundly troubled young Aussie kids. The Brahminy Group treat a wide variety of kids at their facility deep in isolated bush in the Northern Territory. It's a place of last resort for chronic drug abusers, juvenile offenders, petrol sniffers, gang members, child prostitutes and the emotionally traumatised. Aged between 12 and 16, the kids are a mixture of boys and girls, black and white, rich and poor; some are funded privately others by state government welfare departments. But what unites these kids is the severity of their problems: they are at the end of the line and this place, far from the toxic temptations and traumas of their usual lives, represents the kids' last chance of salvation. The Group takes its name from its founder, Allan Brahminy.

Geraldton 362.740994 OUT

**When kids get life**

1 videodisc (50 min. approx.): sd., col.; 4 3/4 in.  
Off-air recording of ABC-TV broadcast September 3 and 5, 2007

The crimes are shocking, the perpetrators alarmingly young. A 15-year-old who brutally murdered his parents; a 15-year-old participant in a fatal car-jacking; a 17-year-old who killed a schoolmate in a robbery gone wrong. Prosecutors have labelled them "the worst of the worst". All three of them will spend the rest of their lives in jail as a result of mandatory sentencing laws. The laws that put these three young men away answered a popular cry at the time, but many are now questioning if the law makers got the balance right between crime and punishment.

Geraldton 364.152 WHE
LAW

Above the law?

Off-air recording of SBS1 'Dateline' program broadcast 30 April, 2013.
1 videodisc (60 min.): colour, sound; 12 cm

"The images of police shooting dead protesting miners in South Africa shocked the world, with scenes most hoped had been consigned to the past with the end of apartheid. But the video of last year's killing of 34 people is only one of several to emerge recently showing brutality by the country's police, which many say has gone way beyond self-defence. On Tuesday's Dateline, David O'Shea asks who's policing the police as they try and tackle some of the highest rates of violent crime in the world. He attends the Marikana Commission of Inquiry looking into the miners' deaths, where no punches are being pulled in the search for answers. And he hears the personal stories behind the headlines, including the family of taxi driver Mido Masia, who was filmed being dragged behind a police van, later dying from multiple injuries. The calls of victims' families and human rights campaigners are getting increasingly loud, but will it be heard in time to prevent further violent incidents?"

Geraldton 362 INS

Law of the land

1 videodisc (DVD) (23 min.): sd., col.; 4 3/4 in.

Australia has welcomed settlers from more than 200 countries. Few countries have combined such ethnic and cultural diversity into a common national unity as Australia. With that comes the legal responsibility which makes Australia a safe place to live.

Geraldton 349.94 LAW
**MATERNITY NURSING**

**Birth rites**

1 videodisc (ca. 52 min.): sd., col.; 4 3/4 in.

A comparison of birth issues in outback Australia and arctic Canada. Considers the implications of the evacuation policy, whereby expectant mothers are taken on a long trip to a large hospital for an impending birth, far from home and where their first language is not spoken. Shows that while the majority of Aboriginal women comply with the evacuation policy, many feel that the practice is undermining indigenous traditions and culture.

Geraldton 362.1982009 BIR

**Delivery self-attachment**

1 videodisc (ca. 6 min.): sd., col.; 4 3/4 in.

Documents three instances where newborns are given the opportunity to find their mother's breast unaided for feeding. Concludes that self-attachment for the first feeding is most successful when mother and infant remain together uninterrupted immediately after birth and when fewer drugs are used during childbirth.

Geraldton 649.33 DEL

**Maternity unit**

1 videodisc (DVD) (52 min.): sd., col.; 4 3/4 in
Off-air recording of SBS TV Storyline Australia program, broadcast 7 Sept. 2006

Looks at the work of the maternity unit at Sydney's Canterbury Hospital, where nearly 80% of the mothers of the 1500 babies born each year were themselves born outside Australia. Staff and expectant parents share their experiences.

Geraldton 362.198209944 MAT
MEN'S HEALTH

Working with warriors: helping rural men help themselves

[Northam, W.A.]: Wheatbelt Men's Health Inc., [2008]
1 videodisc (DVD) (17 min.): sd., col.; 4 3/4 in.

Geraldton 362.20810994 WOR
MENTAL HEALTH

The agony of the mind

1 videodisc (60 min.): colour, sound; 12 cm.
Off-air recording of ABC program broadcast 9 October 2014.

From maintaining happiness, to dealing with anxiety, addiction and stress, our Aunts and Uncles will be asked to reveal their mental weaknesses as well as their techniques for overcoming them. This is not a show that deals with crippling disorders. Instead, it looks at how we get out of bed every morning - our tricks for being successful, how to get back up after a fall, and affirmations for staying on track. The Agony Aunts and Uncles include Jack Charles, Tom and John Elliott, Dawn Fraser, Jess Harris, Dave Hughes, Kerri- Anne Kennerley, Andrew Knight, Pat McGorry, Lawrence Mooney, Fiona O'Loughlin, Dave O'Neil, Sam Pang, Tim Ross, Yumi Stynes, Chrissie Swan, Julia Zemiro."--EnhanceTV website.

Geraldton 362.2042 AGO

Angels and demons

1 videodisc (DVD) (49 min.): sd., col.; 12 cm.
Off-air recording of television program broadcast on ABC Television on April 7, 2008

What does it feel like to lose your mind, and can you get it back again? Andrew Denton immerses himself in the world of mental illness, a world that's often invisible because in our fear, we choose to look away. He meets people who wrestle with angels and demons, visions and voices, people with remarkable tales of resilience and recovery.

Geraldton 362.26 ANG

Better access to mental health care

1 DVD (56 min.): sd., col.; 4 3/4 in.

This program explores the Better Access Initiative and discusses what it means for the General Practitioners, paediatricians, psychiatrists, psychologists, social workers and occupational therapists who assist people with mental health disorders. Case studies illustrate the practical application of the Better Access Initiative in the clinical setting, and an expert panel discusses the consequences for rural and remote GPs and allied health practitioners.

Geraldton 362.20994 BET
Building strong foundations: tackling depression, anxiety and related disorders in the construction industry

[Australia]: Beyondblue, [2010]
1 videodisc (DVD) (ca. 50 min.): sd., col.; 4 3/4 in.

Depression and anxiety disorders are common, but help is available. With the right treatment, most people recover. Over one million people in Australia live with depression. Over two million have an anxiety disorder. Depression and anxiety disorders can be as serious, debilitating and life-threatening as a physical illness, yet less than half of those experiencing these conditions seek help. On average, one in eight men and one in five women will experience depression in their lifetime. One in four people will experience an anxiety disorder. There are many factors which can contribute to depression: using drugs and alcohol, physical health problems, relationship problems, significant changes in living arrangements as a result of separation or divorce, employment problems, prolonged or excessive work-related stress, social isolation, pregnancy and birth of a baby. For construction industry workers, there can often be the added strain of working long hours, working away from home, working in remote areas, flying in and out of work sites, and moving from job to job.

Geraldton 616.8527 BUI

Changing minds: the inside story

1 videodisc (175 min.): sound, colour; 12 cm.
Off-air recording of ABC1 programs, broadcast 7th, 8th, 9th October, 2014

This series goes inside one of Australia's busiest Mental Health Units to uncover the realities of 21st century psychiatric treatment, as we meet the patients and staff who are challenging the stigma and taboos that exist around mental illness. In the first episode, we go inside the locked wards of Liverpool Hospital's Mental Health Unit and meet Patrick the high flying IT specialist, who was admitted after a hitching a ride on the bull bar of a truck. In the second part we see Jeffrey, who was brought to Liverpool Hospital by police after an altercation with his neighbours. He thought he'd be there for a few hours. A month later he's fighting for his freedom, but is he well enough to be released? In the final episode, we catch up with the patients we've met so far. Some have been released and have returned to normal life. Others are still finding life challenging and may need to be re-admitted.

Geraldton 362.2099441 CHA
Changing minds: the inside story – series 2

1 videodisc (173 min.): sound, colour; 12 cm.
Off-air recording of ABC1 programs, broadcast 6th, 7th, 8th October, 2015.

Following on from the critical acclaim of series one, Changing Minds: The Inside Story journeys with mentally ill patients on their road to recovery, from breaking point to breakthrough. This second series emphasises the plight of younger patients, aged 18 and over, who are most at risk of developing mental illness. Raw and emotional, profound and at times funny, the three part series is an intimate observation of daily life in the locked mental health units of Sydney’s Campbelltown Hospital and in the homes of patients cared for by community mental health teams. The series follows ten characters whose mental illnesses do not discriminate in age or social standing. They include Nicholas (aged 18), a bullied schoolboy who relieves his anxiety by self-harming; Daniel (20) whose cannabis addiction is masking psychotic symptoms; Taileah (20), a recently graduated nurse whose stress manifests in distressing auditory hallucinations; Nathan (24) whose schizophrenia allows him to chat with Hitler and Muhammad Ali; Joel (18), a rebellious teenager struggling with a tragic past; Fabrice (36), a barrister’s son with persecutory delusions about demons and devils; and David (47) who believes he’s Elvis Presley.

Geraldton 362.3099441 CHA

Diaries of a broken mind

1 videodisc (90 min.): colour, sound; 12 cm.
Off-air recording of ABC2 ‘Sunday best’ program broadcast 5 October 2014.

"Lifting the lid on teenage mental health, Diaries of a Broken Mind, screening as part of the Sunday Best season of feature length documentaries, tells the first-hand experiences of 25 young people in the UK as they navigate the rocky road of growing up with mental health issues. Intimate and thought provoking, this bold documentary follows 25 young contributors as they use handheld cameras to film themselves over six months, telling their stories in their own words. The result is a collection of unique journeys showing the everyday challenges of relationships, education and social stigma. Their illnesses are wide-ranging - from multiple personalities to agoraphobia and anorexia - and they take a mindboggling number of pills to tackle them. "These are all the tablets I’m currently taking... there’s quite a lot!” says one. With side effects including cancer and sudden death, many dream of a life without medication.”

Geraldton 362.20941 DIA

Felicity’s mental mission

Off-air recording of ABC2 program broadcast 6 October 2014.
1 videodisc (60 min.): colour, sound; 12 cm.

In Felicity's Mental Mission multi-award winning comedian Felicity Ward takes up the challenge of breaking down the stigmas around mental health. It’s a subject that Felicity feels well equipped to explore - she lives with anxiety and a few years ago wrote about it in her comedy show 'Honestly'. Teaming up with Mental Health Australia, Felicity bravely takes on a mission to get 3,000 promises on their online 'promise wall'.

Geraldton 362.2099 FEL
Hidden voices

1 videodisc (DVD) (45 min.): sd., col.: 4 3/4 in.
Off-air recording of ABC1 'Four corners' program, broadcast 9 Aug., 2010

Typical of many regional centres around Australia, Mackay in Queensland is a place that appears to have it all - tourism, lucrative mines and lush farmlands. But like so many other places, it struggles to properly take care of members of the community who are mentally ill. Now reporter Quentin McDermott asks, why have Australia's Governments deserted those who need their help most? On 27th December 2005 a young woman, Joanna Scriha, was bashed to death in bushland near the Queensland town of Mackay. The killer was her boyfriend. Both had been diagnosed with a mental illness.

Geraldton 362.2099436 HID

Making Australia happy

1 videodisc (DVD) (180 min.): sd., col.; 4 3/4 in.
Off-air recording of an ABC1 program, broadcast 15/11/10, 22/11/10, 29/11/10.

"What is the key to real, sustained happiness? Why are some people perpetually happy while others seem doomed to a life of misery? Is it love, money, good looks or good genes? Or is happiness really all in the mind? In recent years, science has made significant progress towards understanding the concept of happiness, answering questions that have plagued mankind throughout history. Scientists have discovered that happiness is not just a fleeting emotion or an inborn quality that some people are blessed with. Rather, it is a skill that can be cultivated and the knock-on effects can be seen in our brains, bloodstreams and behaviour. What's more, happiness is contagious ... In this three-part series, eight ordinary people from one of Australia's most miserable areas embark on an extraordinary journey. Hoping to find greater fulfilment and meaning in their lives, they've signed up to an eight-week happiness program. They'll work with an elite team of experts, and undergo a series of scientifically validated experiments and challenges based on positive psychology, mindfulness and mind-body interventions. What they experience will change their lives, and what they discover could enrich us all"--ABC TV website.

Geraldton 152.42 MAK

Mental health in the bush

1 videodisc (DVD) (40 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC-TV 'Landline' program broadcast 26 Nov. 2006

Research by the National Centre for Rural Mental shows men living in rural areas are not necessarily more susceptible to depression, but are disadvantaged by lack of services. Their situation is worsened by the added stigma of asking for help in the bush, where there is an unspoken but real expectation to "tough it out". The National Mental Health Council says six out of 10 men and four out of 10 women will suffer some form of depression during their lives. Four out of five rural suicides are committed by men. Landline presenter Sally Sara speaks with three men in rural areas who suffered depression and who tell powerful and courageous stories about seeking and receiving help for it. There's a farmer and former football star from Horsham, a young farmer from Tamworth who succumbed after the sudden death of his wife, and an older farmer from Queensland who became depressed after losing his farm and now helps other farmers in need. The programme also visits a community in Tasmania that has set up its own highly successful suicide prevention program.

Geraldton 362.20994 MEN
Mental health: the basics

1 videodisc (DVD) (19 min.): sd., col.; 4 3/4 in.

A person's overall mental health can be difficult to define. How we feel and the factors influencing our emotions and moods are explored in this upbeat, animation-driven program. Viewers will be introduced to the causes and symptoms of mental health issues, such as depression and anxiety, and the many ways in which people cope with these challenges. The concept of stigma is examined, including how we might change perspectives on those suffering from mental illness.

Geraldton 616.890835 MEN

Redesign my Brain: Series 2

3 videodiscs (171 min.): sound, colour; 12 cm.

Todd will continue his incredible journey in Redesign My Brain Series 2, this time to prove that the brain can be trained to meet the challenges of modern life.

Episode 1. Help me adapt
Episode 2. Sharpen my senses
Episode 3. Make me brave.

Geraldton 612.82 RED

Schizophrenia and other psychotic illnesses: speaking from experience

[Melbourne, Vic.]: Real Time Health, [200-].
1 videodisc (DVD) (ca. 38 min.): sd., col.; 4 3/4 in.

This DVD helps viewers in their quest for better understanding of schizophrenia. It features nine people who share their experiences of living with this complex condition.

Geraldton 616.8982 SCH

Silent epidemic

Bendigo, Vic.: Video Education Australasia [distributor], 2010.
1 videodisc (DVD) (52 min.): sd., col.; 4 3/4 in.

This program delves into the world of self-harm, shedding light on the research that could help the 200,000 Australians who are currently engaging in self-harm behaviour. The 'Silent Epidemic' follows Australia's leading mental health experts on their quest for answers and through the extraordinary personal stories of three young Australians with first-hand experience of self-harm. We see for the first time the neurological processes that could help explain this often misunderstood behaviour. But this is also a story of hope, as scientists and advocates from around Australia offer illuminating scientific insight into a behaviour that can also signal a person's craving to survive. Warning: contains some distressing concepts and images of self-harm.

Geraldton 616.8582 SIL
Speak your mind

1 videodisc (25 min.): colour, sound; 12 cm.
Off-air recording of ABC2 programs broadcast 6, 7, 8, 9, 10 October 2014.

episode 4. The medic episode -- 5. Find the beat.

With one in five Australians experiencing mental health issues each year, it's vital that personal
stories of survival are told. In 2014, Speak Your Mind invited people living with mental illness to
share their stories

Geraldton 362.20994 SPE

Stephen Fry: the secret life of the manic depressive

1 videodisc (55 min.): colour, sound; 12 cm.
Off-air recording of ABC2 program broadcast 17 February 2010.

Motivated by his own personal battle, Stephen Fry goes on an emotional but entertaining
journey - an A to Z of manic depression - where he chats to stars in Hollywood and Britain such
as Carrie Fisher, Richard Dreyfuss and Rick Stein, as well as ordinary people who juggle this
illness with their working lives; and he visits the surgeries of psychiatrists and the labs of
researchers who are trying to help control the condition. In candid interviews, we hear tales of
mood swings and extremes of behaviour that can leave a sufferer living like Jekyll and Hyde;
with reckless aggression, crazy sex, wild decisions, and criminal impulses all thrown in. And we
will hear about the lows that make you wonder how they survive and why does the condition
affect so many creative people? Does the condition fuel creativity? Or is it the by-product of the
stress of leading a creative life? And when so much manic-depressive behaviour is manifested in
drug and alcohol abuse, we have to ask - which comes first? Does the addiction feed the highs
and lows, or does the mental condition feed the addiction? As Fry himself says, “This won't be
doctors in white coats examining the lab rats. It will be the lab rat talking to other lab rats,
bringing a fresh audience to a difficult subject that deserves to be better understood”.

Geraldton 616.895 STE
MULTICULTURALISM

Here comes the neighbourhood

10 videodiscs (DVD) (300 min.): sd., col.; 4 3/4 in.
Off-air recording of episodes 1-10 of SBS-TV series, broadcast from 29/07/2006 to 30/09/2006.

Ep.1. Pria introduces us to individuals and groups who celebrate and contribute to Australia's rich cultural diversity and will explore a cross section of the community and enjoy each 'slice of life' on offer.

Ep.2. This episode reaffirms that people from different ethnic backgrounds living in Cronulla do get along. Just ask good friends and neighbours, all-Aussie Kris and Malaysian-Indian Jane who share curry and gossip in equal measure. Meet Tom, a Hungarian who loves ballroom dancing with the Chinese community in Sydney's Petersham. Pria looks at the colour and fine needlework of Balinese sarong kebaya and who needs to go to Venice when you can Carnevale at the Burwood RSL?

Ep.3. Meet Joan, who isn't your average Aussie grandma - she trains a group of bodybuilders from Lebanese and Vietnamese backgrounds. Larissa Burak and Lucy Voronov show off their traditional costumes from the former USSR and Sydney's small but resolute Zoroastrian community celebrates Persian New Year.

Ep.4. Meet the Moyima family who have gained a new life in the tranquil suburbs of Adelaide, a long way from strife-torn Sierra Leone. We also meet Setsuko and her Sicilian husband Ben who run a cafe which triples as a florist and an Ikebana school. Pria also checks out the food and culture on offer at the annual Portuguese Food and Wine Fair in Petersham.

Ep.5. When Puerto Rican Deevah and her neighbour Jennifer Catelan are not talking about 'how to save the world'; they hurl Spanish at each other and twirl Salsa together. Pria visits the Malay community in Port Hedland who make up a spicy blend of people enjoying life in iron ore country.

Ep.6. A boy from the bush discovers that Australia's multicultural community consists of more than the local Chinese restaurant. Grant is a rapper who's half Lebanese, half Australian, and was raised for part of his life by a Tongan family. Mandy and Yer are young Hmong girls in Innisfail who ditch their jeans for an hour to show off traditional Hmong costume, which has more bling than your local rapsta. We also look at the Indian Feast of Holi, a festival of colours and fun.

Ep.7. The patrons and chef at the local Thai restaurant in Allambie Heights are so close they've even travelled to Thailand together. Pria meets future cricketing stars Lisa and Usman, who are of Indian and Pakistani heritage. They both aim to captain their Australian teams but first they must win today's Cricket Masala tournament. Susan shares with us the history and cultural significance of her Irish dancing Costumes and we also meet Moly Kim who gets to celebrate three New Years; Western New Year, Chinese New Year and Cambodian New Year.

Ep.8. Meet a German medical practitioner and his Zimbabwean wife who are looking forward to working for the Royal Flying Doctor Service in remote north Western Australia. The Korowai - a traditional, ceremonial cape worn by the Maori of New Zealand is also featured in this episode. We also look at how Orthodox Easter is uniquely celebrated in Cairns.

Ep.9. See how gardening secrets are being shared among Vietnamese, French and Aussies in a community plot in Bondi. Pria Viswalingam meets Michael Clonaris, a Greek Australian origamist who makes little earrings for sale and teaches origami twice a week at the International Grammar School where wife Etsuko also teaches. Ximena Prado connects Rio's Carnival dress to its Aztec roots and Pria meets the hard working close-knit Hmong Community of far north Queensland as they recover from Cyclone Larry.
Ep.10. Meet recent immigrants who have joined a group of bushwalkers, to help appreciate the harsh beauty of the Australian landscape. In a sea of suits, you wouldn't pick quantitative analyst, Chinese-Malay, Bradley Loh, as a salsa dancer. Sulaiman shows us what a chief or 'big man' might wear in Sierra Leone and visit Homebush Public School where 98.6% of the students are from a non-English speaking background.

Geraldton 305.800994 HER
Team building for nurses

[Bendigo, Vic.]: Video Education Australasia, 2011.
1 videodisc (DVD) (21 min.): sd., col.; 4 3/4 in.

Team nursing is founded on a philosophy that supports the achievement of goals through group action. Under the team nursing model, all members are encouraged to make suggestions and share ideas. Successful implementation of team nursing results in high levels of job satisfaction and strong motivation to give better care. This essential video resource provides nurse unit managers and nursing team members with the knowledge and practical tools needed to develop a highly effective nursing team. From forming a new team and day-to-day functioning of a team, to the secrets of a successful team, this comprehensive and insightful resource illustrates exactly why teams work best.

Geraldton 610.73069 TEA

Australian nurses: the video series

Collingwood [Vic.]: Medifilmz Australia [distributor], 2004.
2 videodiscs (DVD) (ca. 28 min each): sd., col. with b&w sequences; 4 3/4 in.

In this series hundreds of nurses are interviewed around Australia to look at nursing and show how the role of the nurse is changing. Shows different facets of nursing from cardiac nursing, emergency nursing, midwifery, nurse education, etc. and shows individual nurses giving their individual perspective on their jobs.

Episode 11. Getting on with getting better - aged care nursing
Episode 12. Off the beaten track - remote nursing

Geraldton 610.73 AUS (Episodes 11 -12 only)

Nurses

2 videodiscs (DVD) (120 min.): sd., col.; 4 3/4 in.

Ep. 1. Nursing is tough -- Ep. 2. Work around the clock -- Ep. 3. Coping with death -- Ep. 4. Is there life after death?

'Nurses’ was filmed by four nurses and their friends at The Alfred hospital in Melbourne to capture the real life drama of nursing from a very different perspective....their own.

Geraldton 610.73 NUR
NURSING HISTORY

Crimson field

2 DVD-video (approx. 354 min.): sound, colour; 12 cm.

Sarah Phelps (Great Expectations, Oliver Twist), one of British television's most exciting and original writers, tells the story of World War One's front line medics - their hopes, fears, triumphs and tragedies.

Geraldton 791.4575 CRI

History of nursing: the development of a profession

1 DVD (36 min.): sd., col. with b&w sequences; 4 3/4 in.

This DVD examines the evolution of nursing care into a profession. It considers the roles of nursing innovators and educators, the establishment of nursing schools, regulation and licensure, and modern issues in nursing.

Geraldton 610.73069 HIS

In our own right: black Australian nurses stories

[Brisbane, Qld.]: Congress of Aboriginal and Torres Strait Islander Nurses, 2007.

Geraldton 610.73092 INO

Vietnam Nurses

Off-air recording of SBS1 program broadcast 26 April 2010
1 videodisc (60 min.): colour, sound; 12 cm.

Australia joined the Vietnam War in 1962 to support the United States and the South Vietnamese in their fight against communism. During the next ten years some 50,000 Australian servicemen and women served in this controversial war. Forty-three were Army nurses. This is the untold stories of six Australian Army nurses who served at Vung Tau, the only Australian field hospital in a war zone.

Geraldton 959.7043 VIE

Vivian Bullwinkel: An Australian Heroine

1 videodisc (DVD) (51 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC TV program broadcast 26 Apr., 2007.

A chronicle of the extraordinary life and legacy of one of Australia's greatest war heroines, Vivian Bullwinkel, who survived the Japanese Second World War atrocity of killing unarmed, non-combatant Australian nurses.

Geraldton 940.5475940925 VIV
Spiritual assessment in health care

Bendigo, Vic VEA Australia/New Zealand Pty Ltd, [2013]
1 videodisc (32 min.): sound, colour; 12 cm.

This excellent program focuses on the concept of spirituality and its role in the healthcare treatment. We examine the various definitions of spirituality through a variety of interviews. We explore concepts such as religion, art, music, nature and writing. The place of spirituality in health care is identified, as well as the implications for the inclusion of spirituality in healthcare by health professionals.

Geraldton 610.7301 SPI
NUTRITION

All jacked up

Laguna Beach, Calif: Faerie Films: [Distributed by Vending Machine, LLC], 2008.
1 videodisc (DVD) (110 min.): sd., col.; 4 3/4 in.

All jacked up is an angst-driven portrait of four teenagers who discover the truth about their obsessive, addictive, and emotion-fuelled eating habits. All this brought on by their parents, schools, and our abusive food system that profit from them with no regard to their well-being.

Geraldton 613.20835 ALL

Designing menus for balanced diets: planning our diets to meet our needs

[Warriewood, N.S.W.] : Classroom Video, [2006]
1 videodisc (DVD) (20 min.): sd., col.; 4 3/4 in.

Geraldton 613.2 DES

Nutrition for physical activity

Bendigo, Vic.: Video Education Australasia, 2006.
1 videodisc (DVD) (28 min.); sd., col.; 4 3/4 in.

Good nutrition is essential for good physical performance. This program looks at the importance of nutrients in gaining the best out of your body in terms of physical activity. Students will develop an understanding of how nutrients and physical activity go hand in hand for overall performance.

Geraldton 613.2 NUT
OCCUPATIONAL HEALTH AND SAFETY

CPR

[East Malvern, Vic.]: Safetycare Australia, [2006]
1 videodisc (16 min.): sd., col.; 4 3/4 in.
Demonstrates the correct techniques for performing CPR on adults in the workplace environment.

Geraldton 616.1025 CPR

Hazards and risks: for homecare workers in aged care and disability

1 videodisc (DVD) (17 min.): sd., col.; 4 3/4 in.
Home care workers need to be alert to hazards and risks in their job and they need to know what to look for and how to report and record them, for their clients' safety, their own safety and for ongoing best practice.

Geraldton 363.1193626 HAZ

Manual handling for support workers in home care

1 videodisc (DVD) (27 min.): sd., col.; 4 3/4 in.
Manual handling is in every part of our lives. At work, good manual handling makes our jobs easier, more efficient and most importantly, safer. This DVD explains clearly what manual handling is in home care, potential risks and hazards and what to do about them and how to perform home care tasks safely and avoid strain and injury.

Geraldton 362.10289 MAN

Working safely in community services

1 videodisc (DVD) (23 min.): sd., col.; 4 3/4 in.
The working safely in community services DVD has been specifically designed for learners with English language and literacy needs. It provides important information for workers in aged care and home and community care workplace settings. The Working safely in community services DVD gives clear directions on: manual handling, such as lifting objects and transferring clients; standard hygiene practices, such as hand washing, infection control and barrier protection; client admission and care planning processes, such as collecting and recording information; safety in the home care environment, such as wearing identification, parking in a safe location, keeping in contact with your employer, recognizing potentially dangerous situations and knowing when to leave.

Geraldton 363.119361 WOR
Growing old in a new age: myths & realities of aging

1 videodisc (DVD) (57 min.): sd., col.; 4 3/4 in.

This program addresses why the older people of today are more likely to live independently, economically independent and more sexually active than they have in the past. We look at some of the main contributing factors, such as better nutrition, lifestyle and improved medical care.

Geraldton 305.26 GRO
POVERTY

Growing up poor

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC24 'Four corners' program, broadcast 29 Sept., 2012.

Growing up poor in modern Australia: this week Four Corners asks children what it's like being poor in the midst of plenty. We hear from the adult world all the time about what poverty is and how to fix it, but rarely from the children who experience it. Nobody likes to admit they're poor but children from five families allowed Four Corners into their lives to show us the world from their point of view.

Geraldton 305.5690994 GRO

Kevin McCloud: slumming it

[Pyrmont, N.S.W.]: Roadshow Entertainment, 2011.
1 DVD-video (ca. 96 min.): sd., col.; 4 3/4 in.

After 10 years celebrating homes in Britain on Grand Designs, Kevin McCloud now takes you on a two part journey through one of the most extreme and densely populated places on earth: Dharavi, Mumbai; the slum made famous by "Slumdog Millionaire". Dharavi is being hailed by architects and planners as offering solutions to some of our cities biggest problems, like crime, lack of community and unsustainability. ... Kevin's passion is sustainable living; and in his second week in the slum he goes to work, joining the biggest workforce of all - recycling the city's vast quantities of rubbish. He also discovers that the city of Mumbai has plans to demolish the slum, and in doing so will destroy the lives of those who live there.

Geraldton 307.3364 KEV

On the brink

Off-air recording of ABC1 'Four corners' program, broadcast 1 July, 2013
1 videodisc (DVD) (43 min.): sd., col.; 4 3/4 in.

Could you live on $35 a day and pay for your food, clothing, transport and other bills? That's what single unemployed people are entitled to on the Federal Government's Newstart allowance. Australia's economy - and unemployment rate - might be the envy of countries around the world, but it doesn't mean poverty and unemployment have been eradicated. Welfare agencies say that many individuals and families are just one or two pay cheques away from financial disaster and homelessness. Worse still, with the mining boom coming off the boil, experts predict more people will find themselves out of work. Reporter Geoff Thompson finds out what it's like to lose your job, your home and find yourself dependent on welfare. What he discovers is sobering. Ironically, while economic growth is generally good news, it's also pushed up the cost of living, making life for the unemployed even tougher. A Senate Inquiry report released this month concluded the current unemployment benefit is set too low. For many of the people Four Corners spoke to, accommodation absorbs most of their money, even with additional payments for rent assistance. Running a car and eating nutritious meals becomes close to an impossible dream. The result? Their world contracts and they can find themselves cut off from society.

Geraldton 362.5940994 ONT
**Struggle Street**

1 videodisc (153 min.): sound, colour; 12 cm.
Off-air recording of SBS ONE programs, broadcast 6, 13 May 2015.

In the heart of the 'lucky country' some Australian families and individuals are living on the fringes, facing the daily hardships of unemployment, drug addiction and illness; struggling just to get by. This fly on the wall observational documentary series gives a voice to those doing it tough right on the doorstep of Australia's most affluent city. Filmed in the public housing estates of Sydney's western suburbs, residents invited cameras in for exclusive, uncensored access to their lives over a six month period. The result is an eye-opening glimpse at real life in under-resourced Australian communities - raw, honest and unfiltered.

Geraldton 362. 5099441 STR
PUBLIC HEALTH

Chlamydia: combating the epidemic

1 videodisc (75 min.): sd., col.; 4 3/4 in.

This program alerts health practitioners to the high and increasing prevalence of chlamydia and the need to take appropriate measures. It aims to facilitate health professionals in asking sexual health questions, discussing preventative measures and performing screening and treatment.

Geraldton 616.923 CHL

Determinants of health

Bendigo, Vic.: Classroom Video, 2006.
1 videodisc (DVD) (25 min.): sd., col.; 4 3/4 in.

The health status of the Australian population varies greatly. These variations are a result of a number of factors including; biomedical factors, lifestyle and behaviour, knowledge, attitudes and beliefs, environmental factors and genetics. This program addresses each of the determinants of health and outlines the impact that each determinant has on an individual’s health.

Geraldton 362.1 DET

Get stronger, live longer

1 videodisc (DVD) (10 min.): sd., col.; 4 3/4 in.

This resource can be used to promote strength training and its benefits to older people. The aim is to provide information and inspire people to go out and start strength training and enjoy the benefits. Increased strength can help prevent falls and also helps in the prevention and management of health conditions such as osteoporosis and diabetes. In the DVD a number of people of various ages talk about the benefits to themselves in doing strength training including increasing friendships and social networks. With improved physical, social and mental health comes a renewed quality of life.

Geraldton 613.710846 GET

Jabbed: love, fear and vaccines

1 DVD-video (90 min.): sound colour; 12 cm.

Jabbed, made by 2012 Emmy Award winning Australian documentary film maker Sonya Pemberton, travels the globe to look at the real science behind vaccinations, tracks real epidemics, and investigates the real cost of opting out. Talking with vaccine makers, alternative healers, psychologists, anthropologists, and parents, the film posing the potent question: what would you do to protect the ones you love? Two years in the making Jabbed will confound your expectations, whatever your position on the most important and divisive public health question of the decade.

Geraldton 614.47 JAB
**Lifestyle diseases: personal choices about lifestyle**

1 videodisc (DVD) (18 min.): sd., col.; 1/2 in.

Geraldton 613.0712 LIF

**Pakistan: the polio emergency**

Off-air recording of ABC1 'Foreign correspondent' program broadcast 27 May 2014.
1 videodisc (20 min.): colour, sound; 12 cm.

Polio should be history. When it swept the world last century it crippled and killed hundreds of thousands before the world fought back. An immunisation program saw the virus retreat from the developed world - then a concerted campaign in the '80's all but wiped it out in the developing world. So why has Pakistan become a polio hotspot with cases on the rise? And why when vaccinators set out to administer preventative drops to children are they risking their own lives? In the cities and out in the rural reaches of this complicated country, suspicion and hostility against the polio eradication program is being fanned by religious extremists, including the Taliban.

Geraldton 362.196835 PAK

**Trust me I'm a doctor**

Off-air recording of ABC1 programs broadcast 6 February, 27 March, 3 April 2014
3 videodiscs (150 min.): colour, sound; 12 cm.

Going behind the headlines to give you the definitive answers to your health questions. Can you be fat and fit? Could you improve your health by staying in bed longer? Should we all be taking an Aspirin pill to help us live longer? Michael Mosley is joined by a team of doctors who use their expertise to get to the bottom of those and other health claims.

Geraldton 610 TRU
Heart of darkness

Four Corners program broadcast on ABC-TV on 26 July 2010
1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.

The story of a young woman's search to understand the shocking conflict that has laid waste the country where she was born. The Democratic Republic of Congo is the most dangerous place in the world to be a woman. It's a place where rape has become a weapon of war. Now a BBC film crew follows Judith Wanga as she meets the survivors of the conflict. She talks to women, children, and child soldiers who've been forced to kill so that they themselves will not be killed. To her horror, she discovers that the violence is fuelled, in part, by the need to mine the minerals that go into the manufacture of mobile phones and laptops.

Geraldton 364.1532 HEA
REFUGEES

Think big

Off-air recording of ABC1 program Australian story, broadcast 4 November 2013.
1 videodisc (30 min.): colour, sound; 12 cm.

As a fatherless child, Johnson Maker-Adeng fled from war-ravaged Sudan with the remnants of his family. For four years they trekked through the African wilderness. Then they spent more than a decade in a migration queue. Finally the family were accepted as refugees and granted entry into Australia and a fresh start. From traumatic beginnings, Johnson Maker-Adeng is now in the process of fulfilling childhood dreams that not so long ago would have seemed preposterous. Australian Story has been filming his progress over the last seven years.

Geraldton 325.2109624 THI

Crunch time

Off-air recording of SBS1 'Dateline' program broadcast 6 August, 2013
1 videodisc (60 min.): colour, sound; 12 cm.

In Australia, there can be few people who aren't aware of the government's new policy of resettling refugees arriving by boat in Papua New Guinea. But is the message getting through to those desperate to reach Australia? On Tuesday's Dateline, David O'Shea travels to Indonesia to meet groups of asylum seekers who've already fled from Afghanistan, Iran and Myanmar and now want to make Australia home. Some of those that are well aware of Australia's stance just don't believe they'll really end up in PNG and are still prepared to take the risk.

Geraldton 362 CRU

A Field of dreams

1 videodisc (DVD) (26 min.): sound, colour; 4 3/4 in.
Off-air recording of ABC1 broadcast on 10th of November 2016.

"A year ago the small rural community of Mingoola on the New South Wales-Queensland border was facing a bleak future. The population was in decline and the local primary school was about to close. Julia Harpham and other locals vowed to do something about it. Meanwhile in Western Sydney, refugee advocate Emmanuel Musoni saw problems affecting people in his community who'd come from war-ravaged countries of central Africa. Many of them had rural backgrounds and were struggling to adapt to an urban lifestyle. When Julia and Emmanuel were put in contact late last year, they saw a solution to both their problems. The Mingoola community set about renovating several abandoned farmhouses and arranging job opportunities, and in April the first African families moved to the area. Emmanuel describes it as a "meeting of dreams". For the Africans it offered a return to their roots; for the farmers it would provide an injection of life into their community. Many now believe the Mingoola model could be used to help struggling rural communities across the country."

Geraldton 362.84 FIE
Growing up and going home

Off-air recording of ABC1 program broadcast 26 January, 2010.
1 videodisc (60 min.): colour, sound; 4 3/4 in.

Alemayehu, Sisay and Eleni are three young Ethiopians who were adopted by an extended Australian family in the mid-1990s. Ten years on, the two brothers (aged 19 and 16) and their 14-year-old sister are returning to their homeland - with their adoptive parents and siblings - to reconnect with the family, friends and culture they left behind. Exploring contemporary issues surrounding inter-racial adoption and immigration, this is a poignant story of identity and belonging, as the teenagers discover whether it is possible to find a place in two different worlds.

Geraldton 362.734089 GRO

The Guard's story

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC1 'Four corners' program, broadcast 15 Sept. 2008

They stand pristine and empty, cocooned in a silence broken intermittently by the roar of low-flying fighter jets. Woomera and Baxter detention centres, pitched in desert to confine thousands of people from across the seas, have outlived their idea. They exist as harsh monuments to history - with powerful stories to tell. Many of those stories - tragic accounts of severely damaged asylum-seekers - were widely reported in the media, Four Corners included, despite authorities' strenuous efforts to keep the window shut on Woomera and Baxter. Not so in the case of the men and women who ran the centres, whose job was to keep order in tense, often overcrowded conditions among traumatised people from alien cultures. Now Four Corners hears the stories of the guards. Typically they got a few weeks' training before being sent in to quell riots and fights or deal with detainees slashing or hanging themselves.

Geraldton 365.086910994 GUA

Jordan: home away from home

Off-air recording of ABC1 'Foreign correspondent' program broadcast 10 June 2014.
1 videodisc (60 min.): colour, sound; 12 cm.

The people who are building and managing it insist it's a temporary, emergency shelter. The people living in it are turning it into an incredible array of proud neighbourhoods, busy commercial and retail centres, education precincts and, if love blooms and a wedding's set, then one of the world's most unlikely function centres as well. It's called Zaatari. But to call it a camp would be to deny the incredible vibrancy and complexity of this community in the desert. Of course everyone wants to go home to Syria. But as they pray for their war-ravaged nation to settle and become safe again, this extraordinary city in the sand has become their home away from home.

Geraldton 305.906914 JOR
**Journey into Hell**

1 videodisc (45 min.): sound, colour; 12 cm.

Off-air recording of ABC1 'Four Corners' program, broadcast 22 June 2015.

On the trail of the traffickers exploiting the most unwanted people on the planet. They promise a safe passage away from persecution and a new life in a safe haven. Instead they beat, rape, starve and often kill those who put their trust in them. They're the people smugglers trading in human misery. Four Corners investigates the network that has trafficked tens of thousands of Rohingya refugees from Myanmar into Thailand, through eye-witness accounts as well as video and audio recordings.

Geraldton 362.8709591 JOU

**Keep out!**

Off-air recording of SBS1 'Dateline' program broadcast 28 May, 2013

1 videodisc (60 min.): colour, sound; 12 cm

Not a single journalist has been allowed into the controversial Manus Island detention centre in Papua New Guinea since it reopened to Australian refugees nine months ago. On Tuesday's Dateline, Mark Davis tries to change that and uncover what the Australian Government is hiding behind the security fence. In exclusive interviews with detention centre guards and an inmate, Mark learns of attempted suicides and self-harm among the desperate asylum seekers. And it emerges for the first time that there hasn't been a single processing interview to assess their claims since the centre opened last August. Mark contends with having his footage deleted by the authorities, a bugged car and endless bureaucracy, but does he eventually manage to film inside? And how does the Australian Government react to what he finds"--EnhanceTV website.

Geraldton 362 KEE

**Seeking refuge**

Off-air recording of ABC1 programs broadcast 17 May, 24 May, 31 May, 7 June, 14 June, 2013.

1 videodisc (25 min.): colour, sound; 12 cm.

These compelling and moving series of short animated documentaries portray the real-life stories of young people who have sought asylum. Each of the films convey different experiences of young refugees and asylum seekers, each communicating the collective struggles and hopes of young people fleeing from their country of origin, and adjusting to life elsewhere.

Geraldton 305.9069140994 SEE
Tampa and beyond: Australia’s response to asylum seekers at the start of the 21st century

Bendigo, Vic.: Video Education Australasia, 2002.
1 videodisc (DVD) (26 min.): sd., col.; 4 3/4 in.

With the failure of mandatory detention to curb the arrival by boat of increasing numbers of asylum seekers from the world's most repressive regimes, legislation was introduced in late 2001 to prevent 433 of the so-called 'boat people' rescued from their sinking boat by the Danish ship "Tampa" (as well as all later asylum seekers) from applying to Australia for asylum. This program covers the following: the Tampa incident and related events, laws introduced to deter unauthorised boat arrivals-details and consequences, the Pacific Solution: Nauru, Christmas Island, etc., the situation in mainland detention centres, the 'children overboard' affair, attitudes and opinions of Australians on the issue of asylum.

Geraldton 325.210994 TAM
The Heart bus

1 videodisc (DVD) (28 min.): sd., col.; 4 3/4 in.
Off-air recording of the ABC1 program, broadcast 24th July 2016. Copied under Part VA of the Copyright Act 1968.

If you live in the bush it's hard to get the same level of medical care as you can in the city. Dr Rolf Gomes had identified the problem and came up with the idea of a mobile clinic - "the heart bus" - while running his own cardiology practice in Brisbane. The heart bus travels from town to town, treating patients and giving them a much better chance of surviving heart disease.

Geraldton 616.1 HEA

Over the seas and into the bush: overseas trained doctors in rural Australia

[Deakin, A.C.T.] : Rural Health Education Foundation, [2008]
1 videodisc (DVD) (105 min.): sd., col.; 4 3/4 in.

This program provides a general overview of what overseas trained doctors (OTDs) need to know about Australian medical culture and how the Australian healthcare system works. The program looks at Medicare, and presents insights from supervising doctors, regional training providers, accreditation bodies, and professional organisations. It aims to explore learning opportunities, various resources available, and potential solutions to the challenges faced by OTDs practising in rural and remote Australia. The program also includes case studies of OTDs working in rural and remote Australia and the benefits of orientation, mentoring, and support.

Geraldton 362.104257 OVE
SOCIAL ISSUES AND WELFARE

A matter of life and death

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Off air recording of ABC broadcast 30 July 2012

How authorities are failing to protect women and children in mortal danger, and failing to prevent their partners' homicidal rage. One woman at deadly risk was virtually abandoned to her fate by authorities, who repeatedly failed or refused to act on her pleas for help. Why was so little done by police, prisons, parole services, the courts and child protection departments to stop her predictable, brutal murder? Another woman overlooked by authorities ultimately died in front of her two small children at the hands of her drunken former partner - he received just a short prison term for the crime.

Geraldton 362.8292 MAT

Beyond the fatal shore, 3. Money class and power

1 videodisc (DVD) (53 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC television program broadcast 13 August 2000

This video is about money, power and class in Australia. Looks at how this class system changes and how the "primal journey from a jail to suburban Utopia" came about. Also about Australian illusion being a class society and their strong sense of class sensitivity, mateship "doing the right thing" and "having a go ".

Geraldton 305.50994 BEY

Blood, sweat & T-shirts

1 videodisc (DVD) (228 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC1 programs, broadcast 7, 14, 21, 28 Apr. 2010

This series takes a group of high street fashion victims - with closets full to the brim with cheap, chic brands - and makes them live the life of the Indian factory workers they unknowingly rely on.

Geraldton 331.20416 BLO

Cage fighting kids

Off-air recording of SBS1 'Dateline' program broadcast 6 August, 2013
1 videodisc (60 min.): colour, sound; 12 cm.

Children's cage fighting is exploding in popularity in the United States, but it's also causing plenty of controversy. On Tuesday's Dateline, Thai Neave looks at the growing phenomenon, meeting the determined youngsters fighting to become the best with the enthusiastic support of their parents. It's estimated over three million Americans under the age of 13 are now involved in the sport, known as youth pankration, a junior form of Mixed Martial Arts (MMA). Surrounding it is a multi-billion dollar adult industry with fighting champions providing role models for a new generation. But the critics are fighting back too... youth pankration is banned in California and medical experts say despite safety measures, the risks shouldn't be ignored.

Geraldton 362 CRU
Debtland
Off-air recording of ABC1 'Four corners' program broadcast 31 Mar., 2008
1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.

The rising sludge of debt threatens thousands of Australian families. What's driving it and can anyone stop it? Mortgages doled out to people on disability support pensions; loans to refugees with no English and no jobs that leave their families with next to nothing to live on; home loans so large they push borrowers below the poverty line. This isn't America's sub-prime meltdown - it's Australia's debt debacle, the legacy of a credit binge that's sent household debt through the roof and lending standards through the floor. Now the hangover is kicking in.

Geraldton 332.70994 DEB

Gambling the farm
1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Off-air recording of the ABC program Four corners, broadcast 1 August 2005.

"Gambling the farm" is a portrait of a rural community at Lake Cargelligo, fighting hard times such as record drought, falling incomes and a declining population.

Geraldton 307.72 FOU

Girls and bullying: identify, understand, prevent
1 videodisc (DVD) (21 min.): sd., col.; 4 3/4 in.

Bullying is the most frequently occurring form of violence in schools. Bullying by, and against, girls is as commonplace as it is among boys, but often takes different forms. Girls are usually less physical than boys; their bullying is far more commonly psychological and emotional. However, the effects can be seriously damaging, in the worst case scenarios leading to long-lasting depression, self-harm and even suicide. This program examines the nature of bullying, bullying directed at girls, its impact, why bullies behave the way they do and protective strategies for girls and bullying. It features renowned adolescent psychologist, Dr Michael Carr-Gregg, as well as dramatised scenarios and vox pops.

Geraldton 302.34308352 GIR

Gone to a good home
Lindfield, N.S.W.: Film Australia, 2005.
1 videodisc (DVD) (52 min.): sd., col.; 4 3/4 in

For three decades, from the 1950s to the 1970s, Australian authorities pressured many unmarried mothers to give up their babies for adoption into what they considered "better" homes - those of married couples. At a time when society had no place for single mothers and their illegitimate children, these women were unaware of their legal rights. Sometimes they were coerced, even drugged, and their babies literally stolen. Despite arguments that the practice was well-intentioned, for the individuals involved the ongoing impact has been devastating. This documentary explores the experiences of these women and their efforts to contact their children and gain recognition for past wrongs, while revealing the dramatic change in social values that has since occurred.

Geraldton 306.874 GON
Stalking

Off-air recording of SBS1 'Insight' program broadcast 16 July, 2013
1 videodisc (60 min.): colour, sound; 12 cm.

Some experts suggest around one in five women are stalked in their lifetime. Stalkers tell host Jenny Brockie what they do and why they do it. Some are remorseful. Others aren't. The program also hears from people who were stalked by former partners and by aggrieved clients. Psychologists and police join the discussion to give their view on whether stalkers can be reformed and whether the laws are adequate.

Geraldton 364.1580994 STA
SUICIDE

Deathly silence

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Off-air recording of the ABC TV program broadcast 15 May 2006.

In the hours before he killed himself in April 2005, Campbell Bolton wrote a long note in which he told his family how sorry he was for the pain he was about to cause them. “It fills me with grief when I think of what I have done to you,” he wrote. Nobody doubts he meant it. But, absorbed in his own pain, 17-year-old Campbell could not have comprehended the intensity and the breadth of suffering that he would inflict on others... his parents and brother, veering between sadness and anger, his extended family, friends, his school community, and the anonymous strangers - the emergency and morgue workers who had to handle his shattered body and tell a mother her son was dead. "He didn't have any idea of the grief," says Campbell's grandmother. "It's like a ripple in a pool, throwing a stone in a pool." Now think of hundreds of stones being hurled into a pool, and the ripple effect.

Geraldton 362.28 DEA

Girl least likely

1 videodisc (DVD) (29 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC1 'Australian story' program, broadcast 15 Sept. 2008

Hannah Modra was beautiful, clever and popular. She came from a close-knit Melbourne family and was a committed Christian. But within the pages of her diary, she kept a secret that ultimately took her life.

Geraldton 616.8527 GIR

Opening shot 2: suicide and me

1 videodisc (DVD) (30 min.): sound, colour; 12 cm.
Off-air recording of ABC2 program broadcast December 4, 2013.

Every 10 minutes, someone in Australia attempts to take their own life. In Suicide and Me, three young suicide survivors confront the stigma by revealing why they attempted and ultimately, how they found hope. We meet Bryan, someone who appears seemingly carefree on the surface, but coped with the emotional trauma of his parents' breakup through partying and denial. Becks, a victim of child sexual abuse was saved at her darkest moment by the kindness of Don Ritchie, dubbed the 'angel of the Gap'. And Chris, who after a lifetime of bullying fell into a deep depression that culminated in the decision to end his own life. Paralleling these powerful stories is the story of two suicide hotline operators who work through the night to provide support to callers at their most desperate hour. These five separate stories are interwoven, shedding light on a subject that is too often silenced. As the journey of the survivors unfolds, they ultimately discover that the very idea of helping others, and possibly saving a life, is the best reminder of the reason why they should continue living. Through the operators' efforts and the personal accounts of our survivors, we catch a rare insight into what can sometimes be done to help save a life.

Geraldton 362.280835 OPE
The other side

Off-air recording of ABC-TV program Australian Story broadcast February 03, 2014
1 videodisc (DVD) (30 mins.): sd., col.; 4 3/4 in.

In 1996 Matthew Reilly, aged 22, self-published his first book. Now he has a list of international best sellers. In his books heroes prevail against impossible odds. But in his own life he's faced unexpected adversity from the most unlikely quarter. When, as a consequence, he lost his wife Natalie, Matthew Reilly's world collapsed. He says he thought he would never write again. As he reveals on Australian Story, the loss drove him to the brink of disaster.

Geraldton 362.28 OTH

Our brother James

Lindfield, N.S.W. Film Australia, 2001.
1 videodisc (DVD) (ca. 52 min.): sd., col.; 4 3/4 in.

In this film director Jessica Douglas-Henry returns to Geraldton W.A. with her sister Alix to document the impact of their brother James's suicide.

Geraldton 362.28 OUR
Plumpton High babies

1 videodisc (DVD) (ca. 120 min.): sd., col.; 4? in.

Plumpton High, in Sydney's outer western suburbs, is the only Australian school with a program that supports schoolgirl mothers completing their education, integrating them into the general student population. This documentary follows a year in the lives of some of these young mothers as they hurtle from girlhood to womanhood.

Geraldton 306.8743209944 PLU
TERMINAL CARE

Do not resuscitate

1 videodisc (106 min.): sd., col.; 4 3/4 in.
SBS off-air recording, 23/11/06 and 30/11/06.

This is two-part film about three very different people, Steve, Mary and Judy, whose lives are driven by suffering. They want the right to choose how and when they die. In Australia, assisting them to die is illegal and carries a 14-year jail sentence, despite the fact that 73% of Australians support euthanasia. But the prospect of dying a long and painful death drives these three people to extraordinary lengths to get access to the means to choose their own kind of death. As Steve, Mary and Judy challenge the status quo; the laws governing euthanasia in Australia are put to the test.

Geraldton 179.70994 DON

End of life care

1 videodisc (DVD) (18 min.): sd., col.; 4 3/4 in

Death is inevitable and a natural part of life, but for the patient this important time can be difficult for the dying person and also their family and close friends. Therefore a health professional's role is to support the patient with maintaining their quality of life in this last stage of life. In this program we provide an introduction to the important aspects of good end of life care, looking closely at the key aims of end of life care, outlining the importance of advanced care planning; examine the use of medication and nutrition; and types of support offered for grieving families and friends. This program also features a number of health professionals who provide their expertise for this difficult topic.

Geraldton 362.175 END

Facing the end of life

1 videodisc (35 min.): sd., col.; 4 3/4 in.

This program offers an intimate view of patients, families and professional caregivers when a cure for cancer is beyond reach. The program explores a variety of journeys at the end of life. Whether families draw on extensive or minimal support from siblings, stepparents and grandparents, they face choices that can lead to confusion and disagreement. Many other factors can increase the crushing burden at the end of a child's life, including the breakdown of communication within the medical team or between physicians, patients and parents; cultural barriers; and family stresses unrelated to cancer. Making decisions and living with them can be agonizing for everyone involved.

Geraldton 616.029 FAC
Good death

1 videodisc (45 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC-TV program Four Corners, broadcast 9/2/2010.

It's a telling statistic that seven out of ten Australians die what might be called an "expected death". In many cases doctors can tell patients roughly how long they have to live. In reality, only a few take advantage of those warnings. Instead they prefer to believe that somehow modern medicine will save them.

Geraldton 155.937 GOO

Living the end

1 videodisc (DVD) (54 min.): sd., col.; 4 3/4 in.
Off-air recording of SBS1 broadcast January 25, 2011

A black-and-white cat strolls down the quiet corridor of Sydney's Sacred Heart Hospice. In the surrounding rooms, people lie dying. "Death is not something our culture does well," says Associative Professor Richard Chye, Sacred Heart's Director of Palliative Care. "We approach dying as if it is something that doesn't happen very often." For Mark, Katie and Robert it is about to happen now. To them, as they travel towards death, startling truths emerge. In the face of death, they see life. Where they expected to find fear, some will find profound happiness. And all will discover that death is not a light that goes out, but a light that goes on.

Geraldton 155.937 LIV
**WOMEN**

**Afghanistan unveiled**

1 videodisc (DVD) (44 min.): sd., col.; 4 3/4 in.
Off-air recording of ABC-TV 'Four corners' program, broadcast 25 Sept. 2007

Six years after Channel 4's program on Afghanistan under the Taliban, Channel 4 has returned to Afghanistan to see what has changed since the fundamentalist regime was toppled.

Geraldton 305.4209581 AFG

**Babies behind bars**

Off-air recording of ABC2 program broadcast 20 April 2011.
1 videodisc (85 min.): colour, sound; 12 cm.

Powerful and emotional stories of pregnant inmates in a maximum security prison in Indiana, USA, where a programme is being trialed for them to keep their babies while serving their time. There are strict conditions to securing a place in the prison 'baby dorm' and many of the pregnant inmates don't qualify. This film features the tearful interviews of those who are vying for a place on the 'baby dorm', the heartache of those excluded as well as the harsh realities of giving birth while a prisoner. The women are serving sentences for serious crimes, from drug dealing to assault and murder. The programme was introduced against a wave of resistance from the local community who believe the inmates are undergoing punishment and so should not be given such privileges. But authorities and social workers who fought for it claim the bonding with their babies makes the women better mothers and better citizens. They say it is also decreasing the likelihood they will re-offend or their children will take up criminal activity. With the 400 per cent increase in women in prison in the US over the past 30 years, and many hundreds of them pregnant when sentenced, it is an issue requiring attention.

Geraldton 365.430973 BAB

**Full frontal TV**

Off-air recording of SBS1 'Dateline' program broadcast 28 May, 2013
1 videodisc (60 min.): colour, sound; 12 cm.

Sexist rubbish that's nothing more than soft porn, or a thoughtful celebration of women? That's the huge controversy surrounding a new Danish TV show, where a naked woman has her body assessed by two fully clothed men. On Tuesday's Dateline, Amos Roberts goes behind the scenes of Blachman to get an insight into what's become one of the country's most downloaded programs. Jazz musician and X Factor judge Thomas Blachman says his show is a mix of avant-garde art and social experiment. And the women taking part have his full support, even though they're not allowed to say anything during the program.

Geraldton 362 KEE
**I am a girl**

Australia, Testify Media Pty Ltd, 2013
1 DVD-video (88 min.): sound, colour; 12 cm.

An inspirational feature-length documentary that paints a clear picture of the reality of what it means to be a girl in the 21st century. As a day on earth transpires from dawn to dusk and into the night, we meet Manu, Kimsey, Aziza, Habiba, Breani and Katie each on the brink of womanhood and dealing with the realities of what it means to grow up female in their world today. As they come-of-age in the way their cultures dictate, we see remarkable, heart-warming stories of resilience, bravery and humour.

Geraldton 305.420905 IAM

**In a strange land**

1 videodisc (DVD) (45 min.): sd., col.; 4 3/4 in.
Broadcast on ABC-TV on 17 May 2010.

Born in Afghanistan, raised in Britain, Nel Hedayat talks and thinks like a child of the West, but something in her life doesn't quite make sense. In her words, she's not English and she's not Afghan. Britain is the only home she has known but she wonders what her life might have been like had her parents not fled the violence of her homeland. Now she's about to find out, as she goes back to Kabul and the country she left behind.

Geraldton 305.4209581 INA

**India: a dangerous place to be a woman**

1 videodisc (52 min.): sound, colour; 12 cm.
Off-air recording of ABC2 program, broadcast 5 March 2014.

In December 2012 a young medical student was brutally gang-raped on board a bus in Delhi. Horrified by the attack, 28-year-old British Asian Radha Bedi travels to India to uncover the reality of life for young women there.

Geraldton 305.420954 IND

**Walk to beautiful**

1 videodisc (DVD) (85 min.): sd., col.; 4 3/4 in.

Reports on the work of a hospital founded in Addis Ababa, Ethiopia, by Australian doctors Catherine Hamlin and her late husband Reginald Hamlin treating women suffering humiliating child-birth injuries, obstetric fistula. Follows several women's journey to the Hamlin hospital in search of a cure.

Geraldton 362.110820963 WAL
Without consent

1 videodisc (DVD) 44min.): sd., col.; 4 3/4 in.
Off air recording of ABC “Four Corners” broadcast 02 April 2012.

For the first time young women, the victims of forced marriages are speaking out - without disguise and despite the risks of backlash from their communities. Are these women entitled to the same protection as other Australian girls?

Geraldton 306.81 WIT